

1 March 2024  
S. David, B.C.

AT PRIME

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn **Jam lucis orto sidere**

**N**OW that the daylight fills the sky,  
We lift our hearts to God on high,  
That he, in all we do or say,  
Would keep us free from harm today.

Would guard our hearts and tongues  
from strife;

From anger's din would hide our life;  
From all ill sights would turn our eyes;  
Would close our ears to vanities:

Would keep our inmost conscience pure;  
Our souls from folly would secure;  
Would bid us check the pride of sense  
With due and holy abstinence.

So we, when this new day is gone,  
And night in turn is drawing on,  
With conscience by the world unstained,  
Shall praise his name for victory gained.

All laud to God the Father be;  
All praise, eternal Son, to thee;  
All glory, as is ever meet,  
To God the Holy Paraclete. Amen.

**Ant.** O go not from me, Lord.

**Psalm 22, i**

**M**Y God, my God, look upon me;  
why hast thou forsaken me? \* and  
art so far from my health, and from the  
words of my complaint?

O my God, I cry in the day-time, but  
thou hearest not; \* and in the night-  
season also I take no rest.

And thou continuest holy, \* O thou  
worship of Israel.

Our fathers hoped in thee; \* they  
trusted in thee, and thou didst deliver  
them.

They called upon thee, and were  
holpen; \* they put their trust in thee, and  
were not confounded.

But as for me, I am a worm, and no  
man; \* a very scorn of men, and the  
outcast of the people.

All they that see me laugh me to scorn;  
\* they shoot out their lips, and shake  
their heads, saying,

He trusted in God, that he would  
deliver him; \* let him deliver him, if he  
will have him.

But thou art he that took me out of my  
mother's womb; \* thou wast my hope,  
when I hanged yet upon my mother's  
breasts.

I have been left unto thee ever since I  
was born; \* thou art my God even from  
my mother's womb.

O go not from me, † for trouble is hard  
at hand, \* and there is none to help me.

**Psalm 22, ii**

**M**ANY oxen are come about me; \*  
fat bulls of Basan close me in on  
every side.

They gape upon me with their mouths, \*  
as it were a ramping and a roaring lion.

I am poured out like water, and all my  
bones are out of joint; \* my heart also in  
the midst of my body is even like  
melting wax.

My strength is dried up like a potsherd,  
† and my tongue cleaveth to my gums, \*  
and thou shalt bring me into the dust of  
death.

For many dogs are come about me, \*  
and the council of the wicked layeth  
siege against me.

They pierced my hands and my feet; I  
may tell all my bones: \* they stand  
staring and looking upon me.

They part my garments among them, \*  
and cast lots upon my vesture.

But be not thou far from me, O Lord; \*  
thou art my succour, haste thee to help  
me.

Deliver my soul from the sword, \* my  
darling from the power of the dog.

Save me from the lion's mouth; \* thou  
hast heard me also from among the horns  
of the unicorns.

I will declare thy Name unto my  
brethren; \* in the midst of the  
congregation will I praise thee.

**Psalm 22, iii**

**O** PRAISE the Lord, ye that fear  
him: \* magnify him, all ye of the  
seed of Jacob, and fear him, all ye seed  
of Israel.

For he hath not despised, nor abhorred,  
the low estate of the poor; \* he hath not  
hid his face from him, but when he called  
unto him he heard him.

My praise is of thee in the great  
congregation; \* my vows will I perform  
in the sight of them that fear him.

The poor shall eat, and be satisfied; \*  
they that seek after the Lord shall praise  
him; your heart shall live for ever.

All the ends of the world shall  
remember themselves, and be turned  
unto the Lord; \* and all the kindreds of  
the nations shall worship before him.

For the kingdom is the Lord's, \* and he  
is the Governour among the people.

All such as be fat upon earth \* have  
eaten and worshipped.

All they that go down into the dust  
shall kneel before him; \* and no man  
hath quickened his own soul.

My seed shall serve him: \* they shall  
be counted unto the Lord for a  
generation.

They shall come, and the heavens shall  
declare his righteousness \* unto a people  
that shall be born, whom the Lord hath  
made.

**Ant.** O go not from me, Lord, for  
trouble is hard at hand, and there is none  
to help me.

**Chapter**

**I Tim. 1, 17**

**U**NTO the King eternal, immortal,  
invisible, † the only wise God, be  
honour and glory \* for ever and ever.  
Amen. **℟.** Thanks be to God.

**Br.** **℟.** O Christ, Son of the living God,  
\* Have mercy upon us. O Christ. **℣.** Thou  
that sittest at the right hand of God the  
Father. Have mercy. Glory be. O Christ.

**℣.** O Christ, arise, help us. **℟.** And  
deliver us for thy Name's sake.

**℣.** O Lord, hear my prayer. **℟.** And let  
my cry come unto thee.

Let us pray.

**O** LORD God Almighty, who hast  
brought us to the beginning of this  
day: defend us in the same with thy  
mighty power; that we may not this day  
fall into any sin, but that all our thoughts,  
words, and works may be directed to the  
fulfilment of thy righteousness. Through.  
**℟.** Amen.

**℣.** O Lord, hear my prayer. **℟.** And let  
my cry come unto thee.

**℣.** Let us bless the Lord. **℟.** Thanks be  
to God.

**Then, the Martyrology is read, and  
concludes:**

**℣.** And elsewhere many other holy  
martyrs, confessors, and holy virgins.  
**℟.** Thanks be to God.

**Then the Officiant says:**

**℣.** Right dear in the sight of the Lord.  
**℟.** Is the death of his Saints.

**M**AY holy Mary and all the Saints  
intercede for us to the Lord: that  
we may be worthy to obtain from him  
help and salvation, who liveth and  
reigneth for ever and ever. **℟.** Amen.

**℣.** O God make speed to save me. **℟.** O  
Lord, make haste to help me.

**This is said thrice; then follows:**

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** ☩ And lead us not into temptation. ☩ But deliver us from evil.

☩ Show thy servants thy work, O Lord, and their children thy glory. ☩ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

☩ Glory be to the Father, and to the Son, and to the Holy Ghost. ☩ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

**O** LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ☩ Amen.

☩ Pray, Sir, give me thy blessing.

**Blessing.** May the Lord Almighty order our days and our doings in his peace. ☩ Amen.

**Short Lesson** **Ecclus. 45, 15**

**H**E blessed him with Glory, that he should execute the office of the priesthood, † to bless the people in his Name, \* and to offer sacrifice to the Lord, incense, and a sweet savour. But thou, O Lord, have mercy upon us. ☩ Thanks be to God.

☩ Our help ☩ is in the name of the Lord. ☩ Who hath made heaven and earth.

☩ Bless ye. ☩ May God bless us.

**Blessing.** May the Lord bless us, keep us from all evil, and bring us to life everlasting. ☩ And may the souls of the faithful, through the mercy of God, rest in peace. ☩ Amen.

**AT TERCE**

☩ ☩ O God make speed to save me. ☩ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

**Hymn** **Nunc Sancte nobis Spiritus**

**C**OME, Holy Ghost, who ever One  
Art with the Father and the Son;  
Come, Holy Ghost, our souls possess  
With thy full flood of holiness.

By every power, by heart and tongue,  
By act and deed, thy praise be sung:  
Inflame with perfect love each sense,  
That others' souls may kindle thence.

O Father, that we ask be done  
Through Jesus Christ, thine only Son,  
Who, with the Holy Ghost and thee,  
Shall live and reign eternally. Amen.

**Ant.** Stir up, O Lord.

**Psalm 80, i**

**H**EAR O thou Shepherd of Israel,  
Thou that ledest Joseph like a  
sheep;\* shew thyself also, thou that  
sittest upon the Cherubims.

Before Ephraim, Benjamin, and  
Manasses, \* stir up thy strength, and  
come, and help us.

Turn us again, O God; \* shew the light  
of thy countenance, and we shall be  
whole.

O Lord God of Hosts, \* how long wilt  
thou be angry with thy people that  
prayeth?

Thou feedest them with the bread of  
tears, \* and givest them plenteousness of  
tears to drink.

Thou hast made us a very strife unto our neighbours, \* and our enemies laugh us to scorn.

Turn us again, thou God of Hosts; \* shew the light of thy countenance, and we shall be whole.

**Psalm 80, ii**

**T**HOU hast brought a vine out of Egypt; \* thou hast cast out the heathen, and planted it.

Thou madest room for it; \* and when it had taken root it filled the land.

The hills were covered with the shadow of it, \* and the boughs thereof were like the goodly cedar-trees.

She stretched out her branches unto the sea, \* and her boughs unto the River.

Why hast thou then broken down her hedge, \* that all they that go by pluck off her grapes?

The wild boar out of the wood doth root it up, \* and the wild beasts of the field devour it.

Turn thee again, thou God of Hosts, look down from heaven, \* behold, and visit this vine;

And the place of the vineyard that thy right hand hath planted, \* and the branch that thou madest so strong for thyself.

It is burnt with fire, and cut down; \* and they shall perish at the rebuke of thy countenance.

Let thy hand be upon the man of thy right hand, \* and upon the son of man, whom thou madest so strong for thine own self.

And so will not we go back from thee: \* O let us live, and we shall call upon thy Name.

Turn us again, O Lord God of Hosts; \* shew the light of thy countenance, and we shall be whole.

**Psalm 82**

**G**OD standeth in the congregation of princes; \* he is a Judge among gods.

How long will ye give wrong judgement, \* and accept the persons of the ungodly?

Defend the poor and fatherless; \* see that such as are in need and necessity have right.

Deliver the outcast and poor; \* save them from the hand of the ungodly.

They will not be learned nor understand, but walk on still in darkness: \* all the foundations of the earth are out of course.

I have said, Ye are gods, \* and ye are all the children of the Most Highest.

But ye shall die like men, \* and fall like one of the princes.

Arise, O God, and judge thou the earth; \* for thou shalt take all heathen to thine inheritance.

**Ant.** Stir up, O Lord, thy strength, and come and help us.

**Chapter Ecclus. 44, 16**

**B**EHOLD a great priest who in his days pleased the Lord, † and was found righteous, \* and in the time of wrath he was taken in exchange for the world. **℟.** Thanks be to God.

**Br.** **℟.** The Lord loved him \* And adorned him. The Lord. **℣.** He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

**℣.** The Lord chose him out of all men living as a priest unto himself. **℟.** To offer to him the Sacrifice of Thanksgiving.

**℣.** O Lord, hear my prayer. **℟.** And let my cry come unto thee.

Let us pray.

**G**RANT to us, almighty God: that the intercession of blessed David, thy Confessor and Bishop, may protect us; that as we celebrate his festival, so we may imitate his stedfastness in the defence of the catholic faith. Through. **℟.** Amen.

☩ O Lord, hear my prayer. ☩ And let my cry come unto thee.

☩ Let us bless the Lord. ☩ Thanks be to God.

☩ ✠ May the souls of the faithful, through the mercy of God, rest in peace.

☩ Amen.

Our Father, *secretly*.

☩ ✠ Dóminus det nobis suam pacem.

☩ Et vitam aeternam. Amen.

*Ant.* Ave Regína cælórum, \* Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude,

Virgo gloriósa, Super omnes speciósa, Vale, O valde decóra, Et pro nobis Christum exóra.

☩ Dignáre me laudáre te, Virgo sacráta.

☩ Da mihi virtútem contra hostes tuos.

Orémus.

**C**ONCEDE, miséricors Deus, fragilitáti nostræ præsidium; ut, qui sanctæ Dei Genitricis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitatibus resurgámus. Per eúmdem Christum Dóminum nostrum. ☩ Amen.

☩ ✠ Divínium auxílium máneat semper nobíscum. ☩ Amen.

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