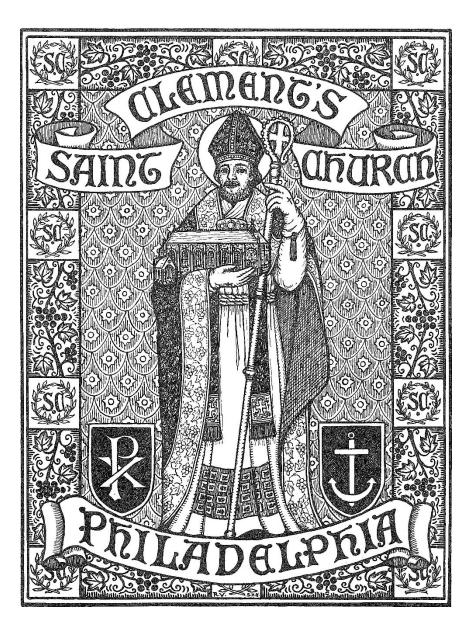
# Office Book



4–7 September 2023

# 4 September 2023 Feria

#### AT PRIME

Our Father. Hail Mary. I believe.

Y № O God make speed to save me. X O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn

#### Jam lucis orto sidere

OW that the daylight fills the sky,

We lift our hearts to God on high,

That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities:

Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be;

All praise, eternal Son, to thee;

All glory, as is ever meet,

To God the Holy Paraclete. Amen.

Ant. He that hath clean hands.

#### Psalm 24

THE earth is the Lord's, and all that therein is; \* the compass of the world, and they that dwell therein.

For he hath founded it upon the seas, \* and prepared it upon the floods.

Who shall ascend into the hill of the Lord? \* or who shall rise up in his holy place?

Even he that hath clean hands, and a pure heart; \* and that hath not lift up his

mind unto vanity, nor sworn to deceive his neighbour.

He shall receive the blessing from the Lord, \* and righteousness from the God of his salvation.

This is the generation of them that seek him; \* even of them that seek thy face, O Jacob.

Lift up your heads, O ye gates, † and be ye lift up, ye everlasting doors; \* and the King of glory shall come in.

Who is the King of glory? \* It is the Lord strong and mighty, even the Lord mighty in battle.

Lift up your heads, O ye gates, † and be ye lift up, ye everlasting doors; \* and the King of glory shall come in.

Who is the King of glory? \* Even the Lord of hosts, he is the King of glory.

#### Psalm 19, i

THE heavens declare the glory of God; \* and the firmament sheweth his handy-work.

One day telleth another; \* and one night certifieth another.

There is neither speech nor language; \* but their voices are heard among them.

Their sound is gone out into all lands; \* and their words into the ends of the world.

In them hath he set a tabernacle for the sun; \* which cometh forth as a bridegroom out of his chamber, and rejoiceth as a giant to run his course.

It goeth forth from the uttermost part of the heaven, † and runneth about unto the end of it again; \* and there is nothing hid from the heat thereof.

#### Psalm 19, ii

THE law of the Lord is an undefiled law, converting the soul; \* the testimony of the Lord is sure, and giveth wisdom unto the simple.

The statutes of the Lord are right, and

rejoice the heart; \* the commandment of the Lord is pure, and giveth light unto the eyes.

The fear of the Lord is clean, and endureth for ever; \* the judgements of the Lord are true, and righteous altogether.

More to be desired are they than gold, yea, than much fine gold; \* sweeter also than honey, and the honeycomb.

Moreover, by them is thy servant taught; \* and in keeping of them there is great reward.

Who can tell how oft he offendeth? \* O cleanse thou me from my secret faults.

Keep thy servant also from presumptuous sins, lest they get the dominion over me; \* so shall I be undefiled, and innocent from the great offence.

Let the words of my mouth, and the meditation of my heart, be alway acceptable in thy sight, \* O Lord, my strength, and my redeemer.

Ant. He that hath clean hands and a pure heart shall ascend into the hill of the Lord.

#### Chapter

Zech. 8, 19

OVE ye truth and peace, \* saith the Lord God of Hosts. ℝ Thanks be to God.

Br. 😿 O Christ, Son of the living God, \* Have mercy upon us. O Christ. 🕱 Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

 $\mathbf{v}$  O Christ, arise, help us.  $\mathbf{v}$  And deliver us for thy Name's sake.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until <u>X</u> And lead us not into temptation. <u>X</u> But deliver us from evil.

I believe in God secretly until 𝔅 The resurrection of the body. 𝔅 And the life ♣ everlasting. Amen.

V Unto thee have I cried, O Lord. X And early shall my prayer come before thee.

♥ O let my mouth be filled with thy praise. ♥ That I may sing of thy glory and honour all the day long.

♥ O Lord, turn thy face from my sins. ♥ And put out all my misdeeds.

♥ Make me a clean heart, O God. ₽ And renew a right spirit within me.

Cast me not away from thy presence.And take not thy Holy Spirit from me.

 $\mathbf{\tilde{v}}$  O give me the comfort of thy help again.  $\mathbf{\tilde{v}}$  And stablish me with thy free spirit.

 $\chi$  Our help  $\checkmark$  is in the name of the Lord.  $\chi$  Who hath made heaven and earth.

# The Choir says together:

CONFESS to God Almighty, to blessed Mary ever-Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word, and deed: by my fault, by my own fault, by my own most grievous fault. Wherefore I beg blessed Mary ever-Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray for me to the Lord our God.

# The Officiant says:

Almighty God have mercy upon us, forgive us our sins, and bring us to everlasting life. R Amen.

Vouchsafe, O Lord, to keep us this day without sin.  $\mathbb{R}$  O Lord, have mercy upon us, have mercy upon us.

 $\mathbf{v}$  O Lord, let thy mercy lighten upon us.  $\mathbf{v}$  As our trust is in thee. ♥ O Lord, hear my prayer. ♥ And let my cry come unto thee.

Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. & Amen.

 $\mathcal{V}$  O Lord, hear my prayer.  $\mathcal{V}$  And let my cry come unto thee.

 $\underline{\mathbb{V}}$  Let us bless the Lord.  $\underline{\mathbb{V}}$  Thanks be to God.

Then, the Martryology is read, and concludes:

X And elsewhere many other holy martyrs, confessors, and holy virgins.X Thanks be to God.

#### Then the Officiant says:

Right dear in the sight of the Lord.R Is the death of his Saints.

MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. IX Amen.

 $\mathbf{v}$  O God make speed to save me.  $\mathbf{v}$  O Lord, make haste to help me.

#### This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until V. And lead us not into temptation. V. But deliver us from evil.

X Show thy servants thy work, O Lord, and their children thy glory. X And the glorious Majesty of the Lord our God be

upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

♥ Glory be to the Father, and to the Son, and to the Holy Ghost. ♥ As it was in the beginning, is now and ever shall be: world without end. Amen.

# Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. & Amen.

V Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace.  $\mathbb{R}$  Amen.

Short Lesson II Thess. 3, 5 THE Lord direct our hearts and bodies into the love of God, \* and into the patient waiting for Christ. But thou, O Lord, have mercy upon us. Ix Thanks be to God.

 $\chi$  Our help  $\checkmark$  is in the name of the Lord.  $\chi$  Who hath made heaven and earth.

🕅 Bless ye. 🧗 May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting.  $\clubsuit$  And may the souls of the faithful, through the mercy of God, rest in peace.  $\aleph$  Amen.

#### AT TERCE

Y ➡ O God make speed to save me. Y O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

### Hymn Nunc Sancte nobis Spiritus

OME, Holy Ghost, who ever One Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. My light.

#### Psalm 27, i

THE Lord is my light, and my salvation; † whom then shall I fear? \* the Lord is the strength of my life; of whom then shall I be afraid?

When the wicked, even mine enemies and my foes, † came upon me to eat up my flesh, \* they stumbled and fell.

Though an host of men were laid against me, yet shall not my heart be afraid; \* and though there rose up war against me, yet will I put my trust in him.

One thing have I desired of the Lord, which I will require; \* even that I may dwell in the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple.

For in the time of trouble he shall hide me in his tabernacle; \* yea, in the secret place of his dwelling shall he hide me, and set me up upon a rock of stone.

And now shall he lift up mine head \* above mine enemies round about me.

Therefore will I offer in his dwelling an oblation with great gladness: \* I will sing and speak praises unto the Lord.

#### Psalm 27, ii

EARKEN unto my voice, O Lord, when I cry unto thee; \* have mercy upon me, and hear me.

My heart hath talked of thee, Seek ye my face: \* Thy face, Lord, will I seek.

O hide not thou thy face from me, \* nor cast thy servant away in displeasure.

Thou hast been my succour; \* leave me not, neither forsake me, O God of my salvation.

When my father and my mother forsake me, \* the Lord taketh me up.

Teach me thy way, O Lord, \* and lead me in the right way, because of mine enemies.

Deliver me not over into the will of mine adversaries: \* for there are false witnesses risen up against me, and such as speak wrong.

I should utterly have fainted, \* but that I believe verily to see the goodness of the Lord in the land of the living.

O tarry thou the Lord's leisure; \* be strong, and he shall comfort thine heart; and put thou thy trust in the Lord.

#### Psalm 28

UNTO thee will I cry, O Lord my strength: \* think no scorn of me; lest, if thou make as though thou hearest not, I come like them that go down into the pit.

Hear the voice of my humble petitions, when I cry unto thee; \* when I hold up my hands towards the mercy-seat of thy holy temple.

O pluck me not away, neither destroy me with the ungodly and wicked doers, \* which speak friendly to their neighbours, but imagine mischief in their hearts.

Reward them according to their deeds, \* and according to the wickedness of their own inventions.

Recompense them after the work of their hands; \* pay them that they have deserved.

For they regard not in their mind the works of the Lord, † nor the operation of his hands; \* therefore shall he break them down, and not build them up.

Praised be the Lord; \* for he hath heard the voice of my humble petitions.

The Lord is my strength, and my shield; † my heart hath trusted in him, and I am helped; \* therefore my heart danceth for joy, and in my song will I praise him.

The Lord is my strength, \* and he is the wholesome defence of his Anointed.

O save thy people, and give thy blessing unto thine inheritance: \* feed them, and set them up for ever.

Ant. My light and my salvation is the Lord.

#### Chapter

#### Jer. 17, 14

EAL me, O Lord, and I shall be healed; † save me, and I shall be saved; \* for thou art my praise. R Thanks be to God.

**Br.** R. Heal my soul, \* For I have sinned against thee. Heal my. V. I said: Lord, be merciful unto me. For I have. Glory be. Heal my soul.

<sup>♥</sup> Thou hast been my succour. <sup>▶</sup> Leave me not, neither forsake me, O God of my salvation.

 $\mathbf{v}$  O Lord, hear my prayer.  $\mathbf{v}$  And let my cry come unto thee.

Let us pray.

KEEP, we beseech thee, O Lord, thy Church with thy perpetual mercy: and, because the frailty of man without thee cannot but fall; keep it ever by thy help from all things hurtful, and lead it to all things profitable to salvation. Through. & Amen.

 $\mathcal{V}$  O Lord, hear my prayer.  $\mathcal{R}$  And let my cry come unto thee.

 $\underline{\mathbb{V}}$  Let us bless the Lord.  $\underline{\mathbb{V}}$  Thanks be to God.

♥ May the souls of the faithful, through the mercy of God, rest in peace.
 ♥ Amen.

Our Father, secretly.

♥ ➡ Dóminus det nobis suam pacem.
₱ Et vitam ætérnam. Amen.

Ant. Salve, Regína, \* mater misericórdiæ; vita, dulcédo et spes nostra, salve. Ad te clamámus exsúles fílii Hevæ. Ad te suspirámus geméntes et fléntes in hac lacrimárum valle. Eja ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui nobis post hoc exsílium osténde. O clemens, O pia, O dulcis Virgo María.

 V Ora pro nobis, sancta Dei Génitrix.
 IV digni efficiámur promissiónibus Christi.

#### Orémus.

OMNIPOTENS sempitérne Deus, qui gloriósæ Vírginis Matris Maríæ corpus et ánimam, ut dignum Fílii tui habitáculum effici mererétur, Spíritu Sancto cooperánte præparásti: da, ut cujus commemoratióne lætámur; ejus pia intercessióne, ab instántibus malis, et a morte perpétua liberémur. Per eúmdem Christum Dóminum nostrum. IX Amen.

<sup>™</sup> Divínum auxílium máneat semper nobíscum. <sup>™</sup> Amen.

# 5 September 2023 S. Lawrence Justinian, B.C.

#### AT PRIME

Our Father. Hail Mary. I believe.

♥ ♥ O God make speed to save me. ♥ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn

#### Jam lucis orto sidere

OW that the daylight fills the sky,

We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

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All laud to God the Father be; All praise, eternal Son, to thee; All glory, as is ever meet, To God the Holy Paraclete. Amen.

Ant. O my God.

#### Psalm 25, i

UNTO thee, O Lord, will I lift up my soul; my God, I have put my trust in thee: \* O let me not be confounded, neither let mine enemies triumph over me.

For all they that hope in thee shall not be ashamed; \* but such as transgress without a cause shall be put to confusion.

Shew me thy ways, O Lord, \* and teach me thy paths.

Lead me forth in thy truth, and learn me, \* for thou art the God of my salvation; in thee hath been my hope all the day long.

Call to remembrance, O Lord, thy tender mercies, \* and thy loving-kind-nesses, which have been ever of old.

O remember not the sins and offences of my youth; \* but according to thy mercy think thou upon me, O Lord, for thy goodness.

#### Psalm 25, ii

GRACIOUS and righteous is the Lord; \* therefore will he teach sinners in the way.

Them that are meek shall he guide in judgement; \* and such as are gentle, them shall he learn his way.

All the paths of the Lord are mercy and truth, \* unto such as keep his covenant and his testimonies.

For thy Name's sake, O Lord, \* be merciful unto my sin, for it is great.

What man is he, that feareth the Lord? \* him shall he teach in the way that he shall choose.

His soul shall dwell at ease, \* and his seed shall inherit the land.

The secret of the Lord is among them that fear him; \* and he will shew them his covenant.

#### Psalm 25, iii

MINE eyes are ever looking unto the Lord; \* for he shall pluck my feet out of the net.

Turn thee unto me, and have mercy upon me; \* for I am desolate, and in misery.

The sorrows of my heart are enlarged: \* O bring thou me out of my troubles.

Look upon my adversity and misery, \* and forgive me all my sin.

Consider mine enemies, how many they are; \* and they bear a tyrannous hate

against me.

me not be confounded, for I have put my trust in thee.

Let perfectness and righteous dealing wait upon me; \* for my hope hath been in thee.

Deliver Israel, O God, \* out of all his troubles.

Ant. O my God, I have put my trust in thee: let me not be confounded.

#### Chapter I Tim. 1, 17

NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. R Thanks be to God.

Br. R O Christ, Son of the living God, \* Have mercy upon us. O Christ. y Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

V O Christ, arise, help us. R And deliver us for thy Name's sake.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until y And lead us not into temptation. R But deliver us from evil.

I believe in God secretly until V. The resurrection of the body. R And the life ▶ everlasting. Amen.

V Unto thee have I cried, O Lord. R And early shall my prayer come before thee.

Y O let my mouth be filled with thy praise. R. That I may sing of thy glory and honour all the day long.

V O Lord, turn thy face from my sins. R And put out all my misdeeds.

V Make me a clean heart, O God. R And renew a right spirit within me.

Y Cast me not away from thy presence. R And take not thy Holy Spirit from me.

V O give me the comfort of thy help again. R And stablish me with thy free spirit.

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# The Choir says together:

CONFESS to God Almighty, to blessed Mary ever-Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word, and deed: by my fault, by my own fault, by my own most grievous fault. Wherefore I beg blessed Mary ever-Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray for me to the Lord our God.

#### The Officiant says:

Almighty God have mercy upon us, forgive us our sins, and bring us to everlasting life. R Amen.

The Almighty M and merciful Lord pardon, absolution, grant us and remission of our sins. R Amen.

V Vouchsafe, O Lord, to keep us this day without sin. R O Lord, have mercy upon us, have mercy upon us.

V O Lord, let thy mercy lighten upon us. R. As our trust is in thee.

🕅 O Lord, hear my prayer. R And let my cry come unto thee.

#### Let us pray.

LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. R. Amen.

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 $\underline{v}$  Let us bless the Lord.  $\underline{v}$  Thanks be to God.

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MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. IX Amen.

 $\sqrt[n]{}$  O God make speed to save me.  $\sqrt[n]{}$  O Lord, make haste to help me.

# This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until X And lead us not into temptation. X But deliver us from evil.

X Show thy servants thy work, O Lord, and their children thy glory. X And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

♥ Glory be to the Father, and to the Son, and to the Holy Ghost. ♥ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. <u>R</u> Amen.

V Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace.  $\mathbb{R}$  Amen.

Short Lesson Ecclus. 45, 15 H E blessed him with Glory, that he should execute the office of the priesthood, † to bless the people in his Name, \* and to offer sacrifice to the Lord, incense, and a sweet savour. But thou, O Lord, have mercy upon us. I Thanks be to God.

 $\chi$  Our help  $\checkmark$  is in the name of the Lord.  $\chi$  Who hath made heaven and earth.

🕅 Bless ye. 🥂 May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ♥ And may the souls of the faithful, through the mercy of God, rest in peace. Ⅳ Amen.

#### AT TERCE

Y ➡ O God make speed to save me. Y O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn Nunc Sancte nobis Spiritus OME, Holy Ghost, who ever One Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. The Lord inclined.

# Psalm 40, i

WAITED patiently for the Lord, \* and he inclined unto me, and heard my calling.

He brought me also out of the horrible pit, out of the mire and clay, \* and set my feet upon the rock, and ordered my goings.

And he hath put a new song in my mouth, \* even a thanksgiving unto our God.

Many shall see it, and fear, \* and shall put their trust in the Lord.

Blessed is the man that hath set his hope in the Lord, \* and turned not unto the proud, and to such as go about with lies.

O Lord my God, great are the wondrous works which thou hast done, † like as be also thy thought which are to us-ward; \* and yet there is no man that ordereth them unto thee.

If I should declare them, and speak of them, \* they should be more than I am able to express.

Sacrifice, and meat-offering, thou wouldest not, \* but mine ears hast thou opened.

Burnt-offerings, and sacrifice for sin, hast thou not required: \* then said, I, Lo, I come:

In the volume of the book it is written of me, † that I should fulfil thy will, O my God: \* I am content to do it; yea, thy law is within my heart.

# Psalm 40, ii

HAVE declared thy righteousness in the great congregation: \* lo, I will not refrain my lips, O Lord, and that thou knowest.

I have not hid thy righteousness within my heart: \* my talk hath been of thy truth, and of thy salvation.

I have not kept back thy loving mercy and truth \* from the great congregation.

Withdraw not thou thy mercy from me, O Lord; \* let thy loving-kindness and thy truth always preserve me.

For innumerable troubles are come about me; † my sins have taken such hold upon me that I am not able to look up; \* yea, they are more in number than the hairs of my head, and my heart hath failed me.

O Lord, let it be thy pleasure to deliver me; \* make haste, O Lord, to help me.

# Psalm 40, iii

ET them be ashamed and confounded together, that seek after my soul to destroy it; \* let them be driven backward and put to rebuke, that wish me evil.

Let them be desolate, and rewarded with shame, \* that say unto me, Fie upon thee, fie upon thee.

Let all those that seek thee be joyful and glad in thee; \* and let such as love thy salvation say always, The Lord be praised.

As for me, I am poor and needy; \* but the Lord careth for me.

Thou art my helper and redeemer; \* make no long tarrying, O my God.

Ant. The Lord inclined unto me, and heard my calling.

Chapter EHOLD a great priest who in his Ddays pleased the Lord, † and was found righteous, \* and in the time of wrath he was taken in exchange for the world. R. Thanks be to God.

Br. R The Lord loved him \* And adorned him. The Lord. y He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

V. The Lord chose him out of all men living as a priest unto himself. R To offer to him the Sacrifice of Thanksgiving.

# Ecclus. 44, 16

♥ O Lord, hear my prayer. ♥ And letfilii Hevæ. Ad te suspirámus geméntes etmy cry come unto thee.fléntes in hac lacrimárum valle. Eja ergo,

Let us pray.

GRANT, we beseech thee, almighty God: that we, devoutly observing this festival of blessed Lawrence, thy Confessor and Bishop; may thereby advance in true godliness and attain unto everlasting salvation. Through. R Amen.

 $\sqrt[n]{}$  O Lord, hear my prayer.  $\sqrt[n]{}$  And let my cry come unto thee.

 $\mathbf{v}$  Let us bless the Lord.  $\mathbf{v}$  Thanks be to God.

𝔅 ➡ May the souls of the faithful, through the mercy of God, rest in peace.
 𝔅 Amen.

Our Father, secretly.

♥ ➡ Dóminus det nobis suam pacem.
 Ⅳ Et vitam ætérnam. Amen.

Ant. Salve, Regína, \* mater misericórdiæ; vita, dulcédo et spes nostra, salve. Ad te clamámus exsúles filii Hevæ. Ad te suspirámus geméntes et fléntes in hac lacrimárum valle. Eja ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui nobis post hoc exsílium osténde. O clemens, O pia, O dulcis Virgo María.

 V Ora pro nobis, sancta Dei Génitrix.
 V Ut digni efficiámur promissiónibus Christi.

#### Orémus.

OMNIPOTENS sempitérne Deus, qui gloriósæ Vírginis Matris Maríæ corpus et ánimam, ut dignum Fílii tui habitáculum effici mererétur, Spíritu Sancto cooperánte præparásti: da, ut cujus commemoratióne lætámur; ejus pia intercessióne, ab instántibus malis, et a morte perpétua liberémur. Per eúmdem Christum Dóminum nostrum. 🕅 Amen.

♥ ➡ Divínum auxílium máneat semper nobíscum. ♥ Amen.

# 7 September 2023 Feria

#### AT PRIME

Our Father. Hail Mary. I believe.

Y ➡ O God make speed to save me. Y O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn Jam lucis orto sidere NOW that the daylight fills the sky, We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities: Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be;

All praise, eternal Son, to thee;

All glory, as is ever meet,

To God the Holy Paraclete. Amen.

Ant. In a green pasture.

#### Psalm 23

THE Lord is my shepherd; \* therefore can I lack nothing.

He shall feed me in a green pasture, \* and lead me forth beside the waters of comfort. He shall convert my soul, \* and bring me forth in the paths of righteousness for his Name's sake.

Yea, though I walk through the valley of the shadow of death, † I will fear no evil; \* for thou art with me; thy rod and thy staff comfort me.

Thou shalt prepare a table before me against them that trouble me; \* thou hast anointed my head with oil, and my cup shall be full.

But thy loving-kindness and mercy shall follow me all the days of my life; \* and I will dwell in the house of the Lord for ever.

# Psalm 72, i

God, \* and thy righteousness unto the King's son.

Then shall he judge thy people according unto right, \* and defend the poor.

The mountains also shall bring peace, \* and the little hills righteousness unto the people.

He shall keep the simple folk by their right, \* defend the children of the poor, and punish the wrong doer.

They shall fear thee, as long as the sun and moon endureth, \* from one generation to another.

He shall come down like the rain into a fleece of wool, \* even as the drops that water the earth.

In his time shall the righteous flourish; \* yea, and abundance of peace, so long as the moon endureth.

His dominion shall be also from the one sea to the other, \* and from the flood unto the world's end.

#### Psalm 72, ii

THEY that dwell in the wilderness shall kneel before him; \* his enemies shall lick the dust.

The kings of Tharsis and of the isles shall give presents; \* the kings of Arabia

and Saba shall bring gifts.

All kings shall fall down before him; \* all nations shall do him service.

For he shall deliver the poor when he crieth; \* the needy also, and him that hath no helper.

He shall be favourable to the simple and needy, \* and shall preserve the souls of the poor.

He shall deliver their souls from falsehood and wrong; \* and dear shall their blood be in his sight.

He shall live, and unto him shall be given of the gold of Arabia; \* prayer shall be made ever unto him, and daily shall he be praised.

There shall be an heap of corn in the earth, high upon the hills; \* his fruit shall shake like Libanus, and shall be green in the city like grass upon the earth.

His Name shall endure for ever; † his Name shall remain under the sun among the posterities which shall be blessed through him; \* and all the heathen shall praise him.

Blessed be the Lord God, even the God of Israel, \* which only doeth wondrous things;

And blessed be the name of his majesty for ever: \* and all the earth shall be filled with his majesty. Amen. Amen.

Ant. In a green pasture the Lord my shepherd shall feed me.

Chapter

#### Zech. 8, 19

OVE ye truth and peace, \* saith the Lord God of Hosts. ℝ Thanks be to God.

Br. 🕅 O Christ, Son of the living God, \* Have mercy upon us. O Christ. 🕅 Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

 $\mathbf{v}$  O Christ, arise, help us.  $\mathbf{v}$  And deliver us for thy Name's sake.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until  $\sqrt[n]{}$  And lead us not into temptation.  $\sqrt[n]{}$  But deliver us from evil.

I believe in God secretly until ♥ The resurrection of the body. Ⅳ And the life ♥ everlasting. Amen.

♥ Unto thee have I cried, O Lord. ♥ And early shall my prayer come before thee.

♥ O let my mouth be filled with thy praise. № That I may sing of thy glory and honour all the day long.

♥ O Lord, turn thy face from my sins. ₱ And put out all my misdeeds.

♥ Make me a clean heart, O God. ₱ And renew a right spirit within me.

Cast me not away from thy presence.And take not thy Holy Spirit from me.

 $\mathbf{v}$  O give me the comfort of thy help again.  $\mathbf{v}$  And stablish me with thy free spirit.

 $\chi$  Our help  $\clubsuit$  is in the name of the Lord.  $\chi$  Who hath made heaven and earth.

# The Choir says together:

**I** CONFESS to God Almighty, to blessed Mary ever-Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word, and deed: by my fault, by my own fault, by my own most grievous fault. Wherefore I beg blessed Mary ever-Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray for me to the Lord our God.

# The Officiant says:

Almighty God have mercy upon us, forgive us our sins, and bring us to everlasting life. R Amen.

Vouchsafe, O Lord, to keep us this day without sin.  $\mathbb{R}$  O Lord, have mercy upon us, have mercy upon us.

 $\mathcal{V}$  O Lord, let thy mercy lighten upon us.  $\mathcal{V}$  As our trust is in thee.

 $\mathcal{V}$  O Lord, hear my prayer.  $\mathcal{V}$  And let my cry come unto thee.

# Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. & Amen.

 $\mathbf{X}$  O Lord, hear my prayer.  $\mathbf{X}$  And let my cry come unto thee.

 $\mathbf{v}$  Let us bless the Lord.  $\mathbf{v}$  Thanks be to God.

Then, the Martryology is read, and concludes:

✗ And elsewhere many other holy martyrs, confessors, and holy virgins.
 ☞ Thanks be to God.

# Then the Officiant says:

Right dear in the sight of the Lord.R. Is the death of his Saints.

MAY holy Mary and all the Saints we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. I Amen.

♥ O God make speed to save me. ♥ O Lord, make haste to help me.

# This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until  $\sqrt[n]{}$  And lead us not into temptation.  $\sqrt[n]{}$  But deliver us from evil.

<sup>♥</sup> Show thy servants thy work, O Lord, and their children thy glory. № And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

♥ Glory be to the Father, and to the Son, and to the Holy Ghost. ♥ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. If Amen.

V Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. R Amen.

Short Lesson

#### II Thess. 3, 5

THE Lord direct our hearts and bodies into the love of God, \* and into the patient waiting for Christ. But thou, O Lord, have mercy upon us. Thanks be to God.

 $\chi$  Our help  $\checkmark$  is in the name of the Lord.  $\chi$  Who hath made heaven and earth.

🕅 Bless ye. 🦹 May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting.  $\clubsuit$  And may the souls of the faithful, through the mercy of God, rest in peace.  $\aleph$  Amen.

#### AT TERCE

♥ ♥ O God make speed to save me. ♥ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn Nunc Sancte nobis Spiritus OME, Holy Ghost, who ever One Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

# Ant. Truly God is loving † Psalm 73, i

TRULY God is loving † unto Israel: \* even unto such as are of a clean heart.

Nevertheless, my feet were almost gone, \* my treadings had well-nigh slipt.

And why? I was grieved at the wicked: \* I do also see the ungodly in such prosperity.

For they are in no peril of death; \* but are lusty and strong.

They come in no misfortune like other folk; \* neither are they plagued like other men.

And this is the cause that they are so holden with pride, \* and overwhelmed with cruelty.

Their eyes swell with fatness, \* and they do even what they lust.

They corrupt other, and speak of wicked blasphemy; \* their talking is against the Most High.

For they stretch forth their mouth unto the heaven, \* and their tongue goeth through the world.

#### Psalm 73, ii

THEREFORE fall the people unto them, \* and thereout suck they no small advantage.

Tush, say they, how should God perceive it? \* is there knowledge in the Most High?

Lo, these are the ungodly, \* these prosper in the world, and these have riches in possession:

And I said, Then have I cleansed my heart in vain, \* and washed mine hands in innocency.

All the day long have I been punished, \* and chastened every morning.

Yea, and I had almost said even as they; \* but lo, then I should have condemned the generation of thy children.

Then thought I to understand this; \* but it was too hard for me,

Until I went into sanctuary of God: \* then understood I the end of these men;

Namely, how thou dost set them in slippery places, \* and castest them down, and destroyest them.

#### Psalm 73, iii

HOW suddenly do they consume, \* perish, and come to a fearful end! Yea, even like as a dream when one awaketh; \* so shalt thou make their image to vanish out of the city.

Thus my heart was grieved, \* and it went even through my reins.

So foolish was I, and ignorant, \* even as it were a beast before thee.

Nevertheless, I am always by thee; \* for thou hast holden me by my right hand.

Thou shalt guide me with thy counsel, \* and after that receive me with glory.

Whom have I in heaven but thee? \* and there is none upon earth that I desire in comparison of thee.

My flesh and my heart faileth; \* but

God is the strength of my heart, and my portion for ever.

For lo, they that forsake thee shall perish; \* thou hast destroyed all them that commit fornication against thee.

But it is good for me to hold me fast by God, † to put my trust in the Lord God, \* and to speak of all thy works in the gates of the daughter of Sion.

Ant. Truly God is loving unto Israel: even unto such as are of a clean heart.

Chapter Jer. 17, 14 HEAL me, O Lord, and I shall be healed; † save me, and I shall be saved; \* for thou art my praise. ℝ Thanks be to God.

Br. R Heal my soul, \* For I have sinned against thee. Heal my. V I said: Lord, be merciful unto me. For I have. Glory be. Heal my soul.

<sup>𝔅</sup> Thou hast been my succour. 𝔅 Leave me not, neither forsake me, O God of my salvation.

 $\mathcal{V}$  O Lord, hear my prayer.  $\mathcal{V}$  And let my cry come unto thee.

Let us pray.

EEP, we beseech thee, O Lord, thy Church with thy perpetual mercy: and, because the frailty of man without thee cannot but fall; keep it ever by thy help from all things hurtful, and lead it to all things profitable to salvation. Through. R Amen.

 $\mathbf{\tilde{v}}$  O Lord, hear my prayer.  $\mathbf{\tilde{v}}$  And let my cry come unto thee.

 $\underline{\mathbb{V}}$  Let us bless the Lord.  $\underline{\mathbb{V}}$  Thanks be to God.

♥ May the souls of the faithful, through the mercy of God, rest in peace.
 ₱ Amen.

Our Father, secretly.

♥ ➡ Dóminus det nobis suam pacem.
 ₱ Et vitam ætérnam. Amen.

Ant. Salve, Regína, \* mater misericórdiæ; vita, dulcédo et spes nostra, salve. Ad te clamámus exsúles filii Hevæ. Ad te suspirámus geméntes et fléntes in hac lacrimárum valle. Eja ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui nobis post hoc exsílium osténde. O clemens, O pia, O dulcis Virgo María.

 V Ora pro nobis, sancta Dei Génitrix.
 V Ut digni efficiámur promissiónibus Christi. Orémus.

OMNIPOTENS sempitérne Deus, qui gloriósæ Vírginis Matris Maríæ corpus et ánimam, ut dignum Fílii tui habitáculum effici mererétur, Spíritu Sancto cooperánte præparásti: da, ut cujus commemoratióne lætámur; ejus pia intercessióne, ab instántibus malis, et a morte perpétua liberémur. Per eúmdem Christum Dóminum nostrum. 🕅 Amen.

<sup>™</sup> Divínum auxílium máneat semper nobíscum. <sup>™</sup> Amen.

# Saint Clement's Church

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