#### 20 March 2023

# S. Joseph, C., Spouse of the Blessed Virgin Mary

AT PRIME

Our Father. Hail Mary. I believe.

▼ O God make speed to save me. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

#### Hymn Jam lucis orto sidere

OW that the daylight fills the sky, We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities:

Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be; All praise, eternal Son, to thee; All glory, as is ever meet, To God the Holy Paraclete. Amen.

Ant. The parents of Jesus.

#### Psalm 54

SAVE me, O God, for thy Name's sake, \* and avenge me in thy strength.

Hear my prayer, O God, \* and hearken unto the words of my mouth.

For strangers are risen up against me; \* and tyrants, which have not God before their eyes, seek after my soul. Behold, God is my helper; \* the Lord is with them that uphold my soul.

He shall reward evil unto mine enemies: \* destroy thou them in thy truth

An offering of a free heart will I give thee, and praise thy Name, O Lord; \* because it is so comfortable.

For he hath delivered me out of all my trouble; \* and mine eye hath seen his desire upon mine enemies.

#### Psalm 119, i

BLESSED are those that are undefiled in the way, \* and walk in the law of the Lord.

Blessed are they that keep his testimonies, \* and seek him with their whole heart:

For they who do no wickedness, \* walk in his ways.

Thou hast charged \* that we shall diligently keep thy commandments.

O that my ways were made so direct, \* that I might keep thy statutes!

So shall I not be confounded, \* while I have respect unto all thy commandments.

I will thank thee with an unfeigned heart, \* when I shall have learned the judgements of thy righteousness.

I will keep thy ceremonies; \* O forsake me not utterly.

Wherewithal shall a young man cleanse his way? \* even by ruling himself after thy word.

With my whole heart have I sought thee; \* O let me not go wrong out of thy commandments.

Thy words have I hid within my heart, \* that I should not sin against thee.

Blessed art thou, O Lord; \* O teach me thy statutes.

With my lips have I been telling \* of all the judgements of thy mouth.

I have had as great delight in the way of thy testimonies, \* as in all manner of riches.

I will talk of thy commandments, \* and have respect unto thy ways.

My delight shall be in thy statutes, \* and I will not forget thy word.

#### Psalm 119, ii

DO well unto thy servant; \* that I may live, and keep thy word.

Open thou mine eyes; \* that I may see the wondrous things of thy law.

I am a stranger upon earth; \* O hide not thy commandments from me.

My soul breaketh out for the very fervent desire \* that it hath alway unto thy judgements.

Thou hast rebuked the proud; \* and cursed are they that do err from thy commandments.

O turn from me shame and rebuke; \* for I have kept thy testimonies.

Princes also did sit and speak against me; \* but thy servant is occupied in thy statutes.

For thy testimonies are my delight, \* and my counsellors.

My soul cleaveth to the dust; \* O quicken thou me, according to thy word.

I have acknowledged my ways, and thou heardest me: \* O teach me thy statutes.

Make me to understand the way of thy commandments; \* and so shall I talk of thy wondrous works.

My soul melteth away for very heaviness; \* comfort thou me according unto thy word.

Take from me the way of lying, \* and cause thou me to make much of thy law.

I have chosen the way of truth, \* and thy judgements have I laid before me.

I have stuck unto thy testimonies; \* O Lord, confound me not.

I will run the way of thy commandments, \* when thou hast set my heart at liberty.

Ant. The parents of Jesus went to Jerusalem every year at the Feast of the Passover.

#### Chapter

I Tim. 1, 17

NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. Thanks be to God.

Br. To O Christ, Son of the living God,

\* Have mercy upon us. O Christ.

Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

▼ O Christ, arise, help us. 
▼ And deliver us for thy Name's sake.

▼ O Lord, hear my prayer. 
▼ And let my cry come unto thee.

Let us pray.

LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. Amen.

O Lord, hear my prayer. 

 And let
my cry come unto thee.

▼ Let us bless the Lord. 
▼ Thanks be to God.

Then, the Martryology is read, and concludes:

▼ And elsewhere many other holy martyrs, confessors, and holy virgins. Thanks be to God.

# Then the Officiant says:

Right dear in the sight of the Lord.Is the death of his Saints.

AY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. Amen.

▼ O God make speed to save me. 
▼ O
Lord, make haste to help me.

#### This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until V. And lead us not into temptation. V. But deliver us from evil.

- ▼ Show thy servants thy work, O Lord, and their children thy glory.

  ▼ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.
- ▼ Glory be to the Father, and to the Son, and to the Holy Ghost. ▼ As it was in the beginning, is now and ever shall be: world without end. Amen.

#### Let us pray.

LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. Amen.

Short Lesson Wisdom 10, 10
WISDOM guided him in right paths, † shewed him the kingdom of God, and gave him knowledge of holy things: \* made him rich in his travels, and multiplied the fruits of his labors. But thou, O Lord, have mercy upon us. Thanks be to God.

▼ Our help ★ is in the name of the Lord. 
▼ Who hath made heaven and earth.

W. Bless ye. May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ♣ And may the souls of the faithful, through the mercy of God, rest in peace. 凡 Amen.

#### AT TERCE

▼ O God make speed to save me.

▼ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn Nunc Sancte nobis Spiritus
OME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. As they returned.

# Psalm 119, iii

TEACH me, O Lord, the way of thy statutes, \* and I shall keep it unto the end.

Give me understanding, and I shall keep thy law; \* yea, I shall keep it with my whole heart.

Make me to go in the path of thy commandments; \* for therein is my desire.

Incline my heart unto thy testimonies, \* and not to covetousness.

O turn away mine eyes, lest they

behold vanity; \* and quicken thou me in thy way.

O stablish thy word in thy servant, \* that I may fear thee.

Take away the rebuke that I am afraid of; \* for thy judgements are good.

Behold, my delight is in thy commandments; \* O quicken me in thy righteousness.

Let thy loving mercy come also unto me, O Lord, \* even thy salvation, according unto thy word.

So shall I make answer unto my blasphemers; \* for my trust is in thy word.

O take not the word of thy truth utterly out of my mouth; \* for my hope is in thy judgements.

So shall I alway keep thy law; \* yea, for ever and ever.

And I will walk at liberty; \* for I seek thy commandments.

I will speak of thy testimonies also, even before kings, \* and will not be ashamed.

And my delight shall be in thy commandments, \* which I have loved.

My hands also will I lift up unto thy commandments, which I have loved; \* and my study shall be in thy statutes.

## Psalm 119, iv

THINK upon thy servant, as concerning thy word, \* wherein thou hast caused me to put my trust.

The same is my comfort in my trouble; \* for thy word hath quickened me.

The proud have had me exceedingly in derision; \* yet have I not shrinked from thy law.

For I remembered thine everlasting judgements, O Lord, \* and received comfort.

I am horribly afraid, \* for the ungodly that forsake thy law.

Thy statutes have been my songs, \* in

the house of my pilgrimage.

I have thought upon thy Name, O Lord, in the night-season, \* and have kept thy law.

This I had, \* because I kept thy commandments.

Thou art my portion, O Lord, \* I have promised to keep thy law.

I made my humble petition in thy presence with my whole heart; \* O be merciful unto me, according to thy word.

I called mine own ways to remembrance, \* and turned my feet unto thy testimonies.

I made haste, and prolonged not the time, \* to keep thy commandments.

The congregations of the ungodly have robbed me; \* but I have not forgotten thy law.

At midnight I will rise to give thanks unto thee, \* because of thy righteous judgements.

I am a companion of all them that fear thee, \* and keep thy commandments.

The earth, O Lord, is full of thy mercy: \* O teach me thy statutes.

# Psalm 119, v

ORD, thou hast dealt graciously with thy servant, \* according unto thy word.

O learn me true understanding and knowledge; \* for I have believed thy commandments.

Before I was troubled, I went wrong; \* but now have I kept thy word.

Thou art good and gracious; \* O teach me thy statutes.

The proud have imagined a lie against me; \* but I will keep thy commandments with my whole heart.

Their heart is as fat as brawn; \* but my delight hath been in thy law.

It is good for me that I have been in trouble; \* that I may learn thy statutes.

The law of thy mouth is dearer unto

me \* than thousands of gold and silver.

Thy hands have made me and fashioned me: \* O give me understanding, that I may learn thy commandments.

They that fear thee will be glad when they see me; \* because I have put my trust in thy word.

I know, O Lord, that thy judgements are right, \* and that thou of very faithfulness hast caused me to be troubled.

O let thy merciful kindness be my comfort, \* according to thy word unto thy servant.

O let thy loving mercies come unto me, that I may live; \* for thy law is my delight.

Let the proud be confounded, for they go wickedly about to destroy me; \* but I will be occupied in thy commandments.

Let such as fear thee, and have known thy testimonies, \* be turned unto me.

O let my heart be sound in thy statutes, \* that I be not ashamed.

Ant. As they returned the Child Jesus tarried behind in Jerusalem, and his parents knew not of it.

Chapter Prov. 28, 20 & 27, 18

A FAITHFUL man shall abound with blessings, \* and so he that waiteth on his Master shall be honoured. Thanks be to God.

Br. W. He made him lord \* Of his house. He made. W. And ruler of all his substance. Of his. Glory be. He made.

▼ Honour is great in thy salvation.

▼ Glory and great worship shalt thou lay upon him.

▼ Output

■ Description

■ Descr

▼ O Lord, hear my prayer. ► And let my cry come unto thee.

Let us pray.

ASSIST us, O, Lord, we beseech thee, by the merits of the Spouse of thy most holy Mother: that those things, which of our own power we cannot obtain, may through his intercession be granted unto us. Who livest. Amen.

- ▼ O Lord, hear my prayer. № And let my cry come unto thee.
- $\nabla$  Let us bless the Lord.  $\nabla$  Thanks be to God.
- ▼ May the souls of the faithful, through the mercy of God, rest in peace.
  ▼ Amen.

Our Father, secretly.

Ant. Ave Regína cælórum, \* Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

V Dignáre me laudáre te, Virgo sacráta. 

N Da mihi virtútem contra hostes tuos.

#### Orémus.

ONCEDE, miséricors Deus, fragilitáti nostræ præsídium; ut, qui sanctæ Dei Genitrícis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. Amen.

V ► Divínum auxílium máneat semper nobíscum. V Amen.

# 21 March 2023 S. Benedict, Ab.

#### AT PRIME

Our Father. Hail Mary. I believe.

♥ O God make speed to save me.

V R. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

#### Hymn

Jam lucis orto sidere OW that the daylight fills the sky, We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities:

Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be; All praise, eternal Son, to thee; All glory, as is ever meet, To God the Holy Paraclete. Amen.

Ant. O my God.

#### Psalm 25, i

NTO thee, O Lord, will I lift up my soul; my God, I have put my trust in thee: \* O let me not be confounded, neither let mine enemies triumph over me.

For all they that hope in thee shall not be ashamed; \* but such as transgress without a cause shall be put to confusion.

Shew me thy ways, O Lord, \* and teach me thy paths.

Lead me forth in thy truth, and learn me, \* for thou art the God of my salvation; in thee hath been my hope all the day long.

Call to remembrance, O Lord, thy tender mercies, \* and thy loving-kindnesses, which have been ever of old.

O remember not the sins and offences of my youth; \* but according to thy mercy think thou upon me, O Lord, for thy goodness.

#### Psalm 25, ii

RACIOUS and righteous is the Lord; \* therefore will he teach sinners in the way.

Them that are meek shall he guide in judgement; \* and such as are gentle, them shall he learn his way.

All the paths of the Lord are mercy and truth, \* unto such as keep his covenant and his testimonies.

For thy Name's sake, O Lord, \* be merciful unto my sin, for it is great.

What man is he, that feareth the Lord? \* him shall he teach in the way that he shall choose.

His soul shall dwell at ease, \* and his seed shall inherit the land.

The secret of the Lord is among them that fear him; \* and he will shew them his covenant.

# Psalm 25, iii

✓ INE eyes are ever looking unto the Lord; \* for he shall pluck my feet out of the net.

Turn thee unto me, and have mercy upon me; \* for I am desolate, and in misery.

The sorrows of my heart are enlarged: \* O bring thou me out of my troubles.

Look upon my adversity and misery, \* and forgive me all my sin.

Consider mine enemies, how many they are; \* and they bear a tyrannous hate against me.

O keep my soul, and deliver me: \* let me not be confounded, for I have put my trust in thee.

Let perfectness and righteous dealing wait upon me; \* for my hope hath been in thee.

Deliver Israel, O God, \* out of all his troubles.

Ant. O my God, I have put my trust in thee: let me not be confounded.

#### Chapter

I Tim. 1, 17

NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. Thanks be to God.

- Br. To O Christ, Son of the living God,

  \* Have mercy upon us. O Christ.

  Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.
- ▼ O Christ, arise, help us. 
  ▼ And deliver us for thy Name's sake.
- ▼ O Lord, hear my prayer. And let my cry come unto thee.

#### Let us pray.

LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. Amen.

- ▼ O Lord, hear my prayer. 
  ▼ And let my cry come unto thee.
- V. Let us bless the Lord. Thanks be to God.

# Then, the Martryology is read, and concludes:

▼ And elsewhere many other holy martyrs, confessors, and holy virgins.
▼ Thanks be to God.

#### Then the Officiant says:

▼ Right dear in the sight of the Lord.
▼ Is the death of his Saints.

AY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. Amen.

▼ O God make speed to save me. ▼ O
Lord, make haste to help me.

#### This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until \( \mathbb{Y} \) And lead us not into temptation. \( \mathbb{Y} \) But deliver us from evil.

- ▼ Show thy servants thy work, O Lord, and their children thy glory.

  ▼ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.
- ▼ Glory be to the Father, and to the Son, and to the Holy Ghost. ▼ As it was in the beginning, is now and ever shall be: world without end. Amen.

#### Let us pray.

LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. R. Amen.

V. Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. X Amen.

#### Short Lesson

Wisdom 10, 10

THE Lord guided the righteous in right paths, † shewed him the kingdom of God, and gave him knowledge of holy things: \* made him rich in his travels, and multiplied the fruits of his labors. But thou, O Lord, have mercy upon us. If Thanks be to God.

▼ Our help 

is in the name of the Lord. 

Who hath made heaven and earth.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ♣ And may the souls of the faithful, through the mercy of God, rest in peace. ▶ Amen.

#### AT TERCE

V. ► O God make speed to save me. V. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn Nunc Sancte nobis Spiritus
OME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. The Lord inclined.

#### Psalm 40, i

WAITED patiently for the Lord, \* and he inclined unto me, and heard my calling.

He brought me also out of the horrible pit, out of the mire and clay, \* and set my feet upon the rock, and ordered my goings.

And he hath put a new song in my mouth, \* even a thanksgiving unto our God.

Many shall see it, and fear, \* and shall put their trust in the Lord.

Blessed is the man that hath set his hope in the Lord, \* and turned not unto the proud, and to such as go about with lies.

O Lord my God, great are the wondrous works which thou hast done, † like as be also thy thought which are to us-ward; \* and yet there is no man that ordereth them unto thee.

If I should declare them, and speak of them, \* they should be more than I am able to express.

Sacrifice, and meat-offering, thou wouldest not, \* but mine ears hast thou opened.

Burnt-offerings, and sacrifice for sin, hast thou not required: \* then said, I, Lo, I come:

In the volume of the book it is written of me, † that I should fulfil thy will, O my God: \* I am content to do it; yea, thy law is within my heart.

#### Psalm 40, ii

HAVE declared thy righteousness in the great congregation: \* lo, I will not refrain my lips, O Lord, and that thou knowest.

I have not hid thy righteousness within my heart: \* my talk hath been of thy truth, and of thy salvation.

I have not kept back thy loving mercy and truth \* from the great congregation.

Withdraw not thou thy mercy from me, O Lord; \* let thy loving-kindness and thy truth always preserve me.

For innumerable troubles are come about me; † my sins have taken such

hold upon me that I am not able to look up; \* yea, they are more in number than the hairs of my head, and my heart hath failed me.

O Lord, let it be thy pleasure to deliver me; \* make haste, O Lord, to help me.

# Psalm 40, iii

TET them be ashamed and confounded together, that seek after my soul to destroy it; \* let them be driven backward and put to rebuke, that wish me evil.

Let them be desolate, and rewarded with shame, \* that say unto me, Fie upon thee, fie upon thee.

Let all those that seek thee be joyful and glad in thee; \* and let such as love thy salvation say always, The Lord be praised.

As for me, I am poor and needy; \* but the Lord careth for me.

Thou art my helper and redeemer; \* make no long tarrying, O my God.

Ant. The Lord inclined unto me, and heard my calling.

## Chapter

Ecclus. 31, 8-9 DLESSED is the man that is found Dwithout blemish: † and hath not gone after gold. \* Who is he and we will call him blessed? for wonderful things hath he done among his people. P. Thanks be to God.

Br. R. The Lord loved him \* And adorned him. The Lord. W He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

W. The mouth of the righteous is exercised in wisdom, and his tongue will be talking of judgement. R. For the Lord ordereth a good man's going.

V. O Lord, hear my prayer. N. And let my cry come unto thee.

Let us pray.

LORD, we beseech thee, let the intercession of thy blessed Abbot Benedict commend us unto thee: that those things which for our own merits we cannot ask, we may through his advocacy obtain. Through. R. Amen.

- V. O Lord, hear my prayer. N. And let my cry come unto thee.
- W. Let us bless the Lord. R. Thanks be to God.
- through the mercy of God, rest in peace. R. Amen.

Our Father, secretly.

P. Et vitam ætérnam. Amen.

Ant. Ave Regina cælórum, \* Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

V Dignáre me laudáre te, Virgo sacráta. R Da mihi virtútem contra hostes tuos.

#### Orémus.

ONCEDE. miséricors fragilitáti nostræ præsídium; ut, qui memóriam sanctæ Dei Genitrícis ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. R. Amen.

Divínum auxílium máneat semper nobíscum. R. Amen.

#### 22 March 2023

# S. Isidore the Farmer, C.

#### AT PRIME

Our Father. Hail Mary. I believe.

▼ O God make speed to save me. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

#### Hymn

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OW that the daylight fills the sky, We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities:

Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be; All praise, eternal Son, to thee; All glory, as is ever meet, To God the Holy Paraclete. Amen.

Ant. Thy loving kindness.

#### Psalm 26

BE thou my Judge, O Lord, for I have walked innocently: \* my trust hath been also in the Lord, therefore shall I not fall.

Examine me, O Lord, and prove me; \* try out my reins and my heart.

For thy loving-kindness is ever before mine eyes; \* and I will walk in thy truth.

I have not dwelt with vain persons; \*

neither will I have fellowship with the deceitful.

I have hated the congregation of the wicked; \* and will not sit among the ungodly.

I will wash my hands in innocency, O Lord; \* and so will I go to thine altar;

That I may shew the voice of thanksgiving, \* and tell of all thy wondrous works.

Lord, I have loved the habitation of thy house, \* and the place where thine honour dwelleth.

O shut not up my soul with the sinners, \* nor my life with the blood-thirsty;

In whose hands is wickedness, \* and their right hand is full of gifts.

But as for me, I will walk innocently:
\* O deliver me, and be merciful unto
me.

My foot standeth right: \* I will praise the Lord in the congregations.

#### Psalm 52

HY boastest thou thyself, thou tyrant, \* that thou canst do mischief:

Whereas the goodness of God \* endureth yet daily?

Thy tongue imagineth wickedness, \* and with lies thou cuttest like a sharp razor.

Thou hast loved unrighteousness more than goodness, \* and to talk of lies more than righteousness.

Thou hast loved to speak all words that may do hurt, \* O thou false tongue.

Therefore shall God destroy thee for ever; \* he shall take thee, and pluck thee out of thy dwelling, and root thee out of the land of the living.

The righteous also shall see this, and fear, \* and shall laugh him to scorn;

Lo, this is the man that took not God

for his strength; \* but trusted unto the multitude of his riches, and strengthened himself in his wickedness.

As for me, I am like a green olive-tree in the house of God; \* my trust is in the tender mercy of God for ever and ever.

I will always give thanks unto thee for that thou hast done; \* and I will hope in thy Name, for thy saints like it well.

#### Psalm 53

THE foolish body hath said in his heart, \* There is no God.

Corrupt are they, and become abominable in their wickedness; \* there is none that doeth good.

God looked down from heaven upon the children of men, \* to see if there were any that would understand, and seek after God.

But they are all gone out of the way, are altogether become abominable; \* there is also none that doeth good, no not one.

Are not they without understanding that work wickedness, \* eating up my people as if they would eat bread? they have not called upon God.

They were afraid where no fear was; \* for God hath broken the bones of him that besieged thee; thou hast put them to confusion, because God hath despised them.

Oh, that the salvation were given unto Israel out of Sion! \* Oh, that the Lord would deliver his people out of captivity!

Then should Jacob rejoice, \* and Israel should be right glad.

Ant. Thy Loving-kindness, O Lord, is ever before mine eyes, and I will walk in thy truth.

# Chapter I Tim. 1, 17

NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever.

Amen. Thanks be to God.

- Br. IX O Christ, Son of the living God,
  \* Have mercy upon us. O Christ.
  X Thou that sittest at the right hand of
  God the Father. Have mercy. Glory be.
  O Christ.
- ▼ O Christ, arise, help us. ▼ And deliver us for thy Name's sake.
- ▼ O Lord, hear my prayer. № And let my cry come unto thee.

#### Let us pray.

LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. R. Amen.

- ☼ O Lord, hear my prayer. 
  ℟ And let my cry come unto thee.
- V Let us bless the Lord. № Thanks be to God.

# Then, the Martryology is read, and concludes:

▼ And elsewhere many other holy martyrs, confessors, and holy virgins.
 ▼ Thanks be to God.

# Then the Officiant says:

W. Right dear in the sight of the Lord.W. Is the death of his Saints.

AY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. Amen.

▼ O God make speed to save me. 
▼ O
Lord, make haste to help me.

#### This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until Y And lead us not into temptation. R But deliver us from evil.

- ▼ Show thy servants thy work, O Lord, and their children thy glory.

  ↑ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.
- ▼ Glory be to the Father, and to the Son, and to the Holy Ghost. ▼ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. R Amen.

V. Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. R Amen.

# Short Lesson Wisdom 10, 10

THE Lord guided the righteous in right paths, † shewed him the kingdom of God, and gave him knowledge of holy things: \* made him rich in his travels, and multiplied the fruits of his labors. But thou, O Lord, have mercy upon us. Thanks be to God.

V Our help 
 is in the name of the Lord. 
 Who hath made heaven and earth.

y Bless ye. n May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ★ And may the souls of the

faithful, through the mercy of God, rest in peace. N Amen.

#### AT TERCE

▼ O God make speed to save me. ▼ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

# Hymn Nunc Sancte nobis Spiritus

OME, Holy Ghost, who ever One Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. God is my helper.

#### Psalm 54

Sake, \* and avenge me in thy strength.

Hear my prayer, O God, \* and hearken unto the words of my mouth.

For strangers are risen up against me; \* and tyrants, which have not God before their eyes, seek after my soul.

Behold, God is my helper; \* the Lord is with them that uphold my soul.

He shall reward evil unto mine enemies: \* destroy thou them in thy truth.

An offering of a free heart will I give thee, and praise thy Name, O Lord; \* because it is so comfortable.

For he hath delivered me out of all my trouble; \* and mine eye hath seen his desire upon mine enemies.

#### Psalm 55, i

EAR my prayer, O God, \* and hide not thyself from my petition.

Take heed unto me, and hear me, \* how I mourn in my prayer, and am vexed.

The enemy crieth so, and the ungodly cometh on so fast; \* for they are minded to do me some mischief, so maliciously are they set against me.

My heart is disquieted within me, \* and the fear of death is fallen upon me.

Fearfulness and trembling are come upon me, \* and an horrible dread hath overwhelmed me.

And I said, O that I had wings like a dove! \* for then would I flee away, and be at rest.

Lo, then would I get me away far off, \* and remain in the wilderness.

I would make haste to escape, \* because of the stormy wind and tempest.

Destroy their tongues, O Lord, and divide them; \* for I have spied unrighteousness and strife in the city.

Day and night they go about within the walls thereof: \* mischief also and sorrow are in the midst of it.

Wickedness is therein; \* deceit and guile go not out of their streets.

For it is not an open enemy, that hath done me this dishonour; \* for then I could have borne it.

Neither was it mine adversary, that did magnify himself against me; \* for then peradventure I would have hid myself from him;

But it was even thou, my companion, \* my guide, and mine own familiar friend.

We took sweet counsel together, \* and walked in the house of God as friends.

Let death come hastily upon them, † and let them go down quick into hell; \* for wickedness is in their dwellings, and

among them.

# Psalm 55, ii

As for me, I will call upon God, \* and the Lord shall save me

In the evening, and morning, and at noon-day will I pray, † and that instantly; \* and he shall hear my voice.

It is he that hath delivered my soul in peace from the battle that was against me; \* for there were many with me.

Yea, even God, that endureth for ever, shall hear me, and bring them down; \* for they will not turn, nor fear God.

He laid his hands upon such as be at peace with him, \* and he brake his covenant.

The words of his mouth were softer than butter, having war in his heart; \* his words were smoother than oil, and yet be they very swords.

O cast thy burden upon the Lord, and he shall nourish thee, \* and shall not suffer the righteous to fall for ever.

And as for them, \* thou, O God, shalt bring them into the pit of destruction.

The blood-thirsty and deceitful men shall not live out half their days: \* nevertheless, my trust shall be in thee, O Lord.

Ant. God is my helper, and the Lord is with them that uphold my soul.

# Chapter Ecclus. 31, 8–9

BLESSED is the man that is found without blemish: † and hath not gone after gold. \* Who is he and we will call him blessed? for wonderful things hath he done among his people.

Thanks be to God.

Br. The Lord loved him \* And adorned him. The Lord. We He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

▼ The mouth of the righteous is exercised in wisdom, and his tongue will be talking of judgement. ▼ For the Lord ordereth a good man's going.

 $\nabla$  O Lord, hear my prayer.  $\nabla$  And let my cry come unto thee.

Let us pray.

RANT us, we beseech thee, O merciful God: that by the intercession of blessed Isidore the Farm Labourer, thy Confessor, we may overcome our pride; and, by his merit and example, serve thee with that humility which is pleasing unto thee. Through. & Amen.

- ▼ O Lord, hear my prayer. № And let my cry come unto thee.
- ▼ Let us bless the Lord. 
  ▼ Thanks be to God.
- ▼ May the souls of the faithful, through the mercy of God, rest in peace.
  ▼ Amen.

Our Father, secretly.

y 

▼ Dóminus det nobis suam pacem.
p Et vitam ætérnam. Amen.

Ant. Ave Regína cælórum, \* Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

V Dignáre me laudáre te, Virgo sacráta. N Da mihi virtútem contra hostes tuos.

#### Orémus.

ONCEDE, miséricors Deus, fragilitáti nostræ præsídium; ut, qui sanctæ Dei Genitrícis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. Amen.

ÿ ► Divínum auxílium máneat semper nobíscum. Ŋ Amen.

# 24March 2023

# S. Gabriel, Archangel

#### AT PRIME

Our Father. Hail Mary. I believe.

V → O God make speed to save me. V O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

#### Hymn Jam lucis orto sidere

OW that the daylight fills the sky, We lift our hearts to God on high, That he, in all we do or say,

Would keep us free from harm today.

Would guard our hearts and tongues from strife;

From anger's din would hide our life; From all ill sights would turn our eyes; Would close our ears to vanities:

Would keep our inmost conscience pure; Our souls from folly would secure; Would bid us check the pride of sense With due and holy abstinence.

So we, when this new day is gone, And night in turn is drawing on, With conscience by the world unstained, Shall praise his name for victory gained.

All laud to God the Father be; All praise, eternal Son, to thee; All glory, as is ever meet, To God the Holy Paraclete. Amen.

Ant. When Zacharias went into the sanctuary of the Lord.

#### Psalm 54

SAVE me, O God, for thy Name's sake, \* and avenge me in thy strength.

Hear my prayer, O God, \* and hearken unto the words of my mouth.

For strangers are risen up against me; \* and tyrants, which have not God before their eyes, seek after my soul. Behold, God is my helper; \* the Lord is with them that uphold my soul.

He shall reward evil unto mine enemies: \* destroy thou them in thy truth.

An offering of a free heart will I give thee, and praise thy Name, O Lord; \* because it is so comfortable.

For he hath delivered me out of all my trouble; \* and mine eye hath seen his desire upon mine enemies.

#### Psalm 119, i

BLESSED are those that are undefiled in the way, \* and walk in the law of the Lord.

Blessed are they that keep his testimonies, \* and seek him with their whole heart;

For they who do no wickedness, \* walk in his ways.

Thou hast charged \* that we shall diligently keep thy commandments.

O that my ways were made so direct, \* that I might keep thy statutes!

So shall I not be confounded, \* while I have respect unto all thy commandments.

I will thank thee with an unfeigned heart, \* when I shall have learned the judgements of thy righteousness.

I will keep thy ceremonies; \* O forsake me not utterly.

Wherewithal shall a young man cleanse his way? \* even by ruling himself after thy word.

With my whole heart have I sought thee; \* O let me not go wrong out of thy commandments.

Thy words have I hid within my heart, \* that I should not sin against thee.

Blessed art thou, O Lord; \* O teach me thy statutes.

With my lips have I been telling \* of all the judgements of thy mouth.

I have had as great delight in the way of thy testimonies, \* as in all manner of riches.

I will talk of thy commandments, \* and have respect unto thy ways.

My delight shall be in thy statutes, \* and I will not forget thy word.

#### Psalm 119, ii

DO well unto thy servant; \* that I may live, and keep thy word.

Open thou mine eyes; \* that I may see the wondrous things of thy law.

I am a stranger upon earth; \* O hide not thy commandments from me.

My soul breaketh out for the very fervent desire \* that it hath alway unto thy judgements.

Thou hast rebuked the proud; \* and cursed are they that do err from thy commandments.

O turn from me shame and rebuke; \* for I have kept thy testimonies.

Princes also did sit and speak against me; \* but thy servant is occupied in thy statutes.

For thy testimonies are my delight, \* and my counsellors.

My soul cleaveth to the dust; \* O quicken thou me, according to thy word.

I have acknowledged my ways, and thou heardest me: \* O teach me thy statutes.

Make me to understand the way of thy commandments; \* and so shall I talk of thy wondrous works.

My soul melteth away for very heaviness; \* comfort thou me according unto thy word.

Take from me the way of lying, \* and cause thou me to make much of thy law.

I have chosen the way of truth, \* and thy judgements have I laid before me.

I have stuck unto thy testimonies; \* O Lord, confound me not.

I will run the way of thy commandments, \* when thou hast set my heart at liberty. Ant. When Zacharias went into the sanctuary of the Lord there appeared unto him the Angel Gabriel, standing on the right side of the altar of incense.

Chapter

I Tim. 1, 17

NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. Thanks be to God.

- Br. To O Christ, Son of the living God,
  \* Have mercy upon us. O Christ.
  Thou that sittest at the right hand of God the Father. Have mercy. Glory be.
  O Christ.
- ▼ O Christ, arise, help us. ► And deliver us for thy Name's sake.
- ♥ O Lord, hear my prayer. № And let my cry come unto thee.

Let us pray.

LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. 

\*\*Remove Amen.\*\*

- ▼ O Lord, hear my prayer. № And let my cry come unto thee.
- ▼ Let us bless the Lord. 
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# Then, the Martryology is read, and concludes:

▼ And elsewhere many other holy martyrs, confessors, and holy virgins. Thanks be to God.

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▼ Right dear in the sight of the Lord.▼ Is the death of his Saints.

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▼ O God make speed to save me. 
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Lord, make haste to help me.

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Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father secretly until V. And lead us not into temptation. R. But deliver us from evil.

- ▼ Show thy servants thy work, O Lord, and their children thy glory.

  ▼ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.
- V. Glory be to the Father, and to the Son, and to the Holy Ghost. № As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. Amen.

Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. R Amen.

#### **Short Lesson**

Daniel 9, 25

NOW therefore and understand: †
That from the going forth of the commandment to restore and build Jerusalem, unto the Messiah the Prince,

- \* shall be seven weeks, and threescore and two weeks. But thou, O Lord, have mercy upon us. 17 Thanks be to God.
- ▼ Our help ★ is in the name of the Lord. 
  ▼ Who hath made heaven and earth.

🥦 Bless ye. 🔀 May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ★ And may the souls of the faithful, through the mercy of God, rest in peace. ☼ Amen.

#### AT TERCE

▼ O God make speed to save me.

O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn Nunc Sancte nobis Spiritus
OME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: Inflame with perfect love each sense, That others' souls may kindle thence.

O Father, that we ask be done Through Jesus Christ, thine only Son, Who, with the Holy Ghost and thee, Shall live and reign eternally. Amen.

Ant. But the Angel said unto him.

Psalm 119, iii

TEACH me, O Lord, the way of thy statutes, \* and I shall keep it unto the end.

Give me understanding, and I shall keep thy law; \* yea, I shall keep it with my whole heart.

Make me to go in the path of thy commandments; \* for therein is my desire.

Incline my heart unto thy testimonies, and not to covetousness.

O turn away mine eyes, lest they behold vanity; \* and quicken thou me in thy way.

O stablish thy word in thy servant, \* that I may fear thee.

Take away the rebuke that I am afraid of; \* for thy judgements are good.

Behold, my delight is in thy commandments; \* O quicken me in thy righteousness.

Let thy loving mercy come also unto me, O Lord, \* even thy salvation, according unto thy word.

So shall I make answer unto my blasphemers; \* for my trust is in thy word.

O take not the word of thy truth utterly out of my mouth; \* for my hope is in thy judgements.

So shall I alway keep thy law; \* yea, for ever and ever.

And I will walk at liberty; \* for I seek thy commandments.

I will speak of thy testimonies also, even before kings, \* and will not be ashamed.

And my delight shall be in thy commandments, \* which I have loved.

My hands also will I lift up unto thy commandments, which I have loved; \* and my study shall be in thy statutes.

## Psalm 119, iv

THINK upon thy servant, as concerning thy word, \* wherein thou hast caused me to put my trust.

The same is my comfort in my trouble; \* for thy word hath quickened me.

The proud have had me exceedingly in derision; \* yet have I not shrinked from thy law.

For I remembered thine everlasting judgements, O Lord, \* and received comfort.

I am horribly afraid, \* for the ungodly that forsake thy law.

Thy statutes have been my songs, \* in the house of my pilgrimage.

I have thought upon thy Name, O Lord, in the night-season, \* and have kept thy law.

This I had, \* because I kept thy commandments.

Thou art my portion, O Lord, \* I have promised to keep thy law.

I made my humble petition in thy presence with my whole heart; \* O be merciful unto me, according to thy word.

I called mine own ways to remembrance, \* and turned my feet unto thy testimonies.

I made haste, and prolonged not the time, \* to keep thy commandments.

The congregations of the ungodly have robbed me; \* but I have not forgotten thy law.

At midnight I will rise to give thanks unto thee, \* because of thy righteous judgements.

I am a companion of all them that fear thee, \* and keep thy commandments.

The earth, O Lord, is full of thy mercy: \* O teach me thy statutes.

## Psalm 119, v

LORD, thou hast dealt graciously with thy servant, \* according unto thy word.

O learn me true understanding and knowledge; \* for I have believed thy commandments.

Before I was troubled, I went wrong; \* but now have I kept thy word.

Thou art good and gracious; \* O teach me thy statutes.

The proud have imagined a lie against me; \* but I will keep thy commandments with my whole heart.

Their heart is as fat as brawn; \* but my delight hath been in thy law.

It is good for me that I have been in trouble; \* that I may learn thy statutes.

The law of thy mouth is dearer unto me \* than thousands of gold and silver.

Thy hands have made me and fashioned me: \* O give me understanding, that I may learn thy commandments.

They that fear thee will be glad when they see me; \* because I have put my trust in thy word.

I know, O Lord, that thy judgements are right, \* and that thou of very faithfulness hast caused me to be troubled.

O let thy merciful kindness be my comfort, \* according to thy word unto thy servant.

O let thy loving mercies come unto me, that I may live; \* for thy law is my delight.

Let the proud be confounded, for they go wickedly about to destroy me; \* but I will be occupied in thy commandments.

Let such as fear thee, and have known thy testimonies, \* be turned unto me.

O let my heart be sound in thy statutes, \* that I be not ashamed.

Ant. But the Angel said unto him: \* Fear not, Zacharias, for thy prayer is heard.

# Chapter Daniel 9, 21–22

N those days: Behold the man Gabriel, whom I had seen in the vision at the beginning, being caused to fly swiftly, † touched me about the time of the evening oblation. And he informed me, and talked with me, and said: \* O Daniel, I am now come forth to give thee skill and understanding. R Thanks be to God.

Br. 🔯 An Angel stood \* At the altar of the temple. An Angel. 🦞 Having a golden censer in his hand. At the. Glory be. An Angel.

- ▼ The smoke of the incense ascended up before God. ▼ Out of the Angel's hand.
- ▼ O Lord, hear my prayer. № And let my cry come unto thee.

Let us pray.

GOD, who from the company of Angels didst choose the Archangel Gabriel to proclaim the mystery of thine Incarnation: mercifully grant; that we who celebrate his festival on earth, may find in him an advocate in heaven. Through. 

Amen.

- ▼ O Lord, hear my prayer. № And let my cry come unto thee.
- V. Let us bless the Lord. 

   Thanks be to God.

Our Father, secretly.

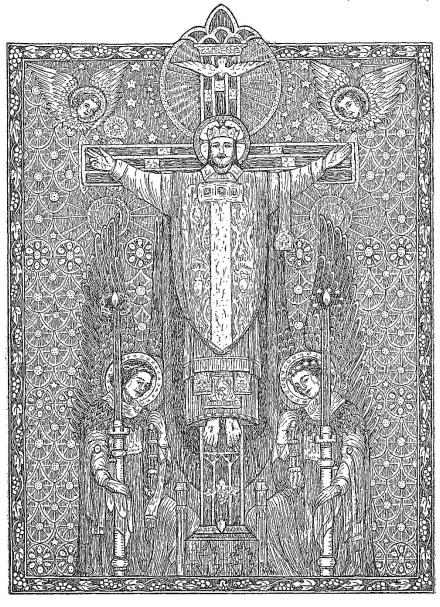
- Ant. Ave Regína cælórum, \* Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.
- V Dignáre me laudáre te, Virgo sacráta. V Da mihi virtútem contra hostes tuos.

#### Orémus.

ONCEDE, miséricors Deus, fragilitáti nostræ præsídium; ut, qui sanctæ Dei Genitrícis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. Amen.

ÿ ► Divínum auxílium máneat semper nobíscum. Ŋ Amen.

# Saint Clement's Church



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