

Prime & Terce



6–10 February 2023

6 February 2023

S. Titus, B.C.

AT PRIME

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn **Jam lucis orto sidere**

NOW that the daylight fills the sky,
We lift our hearts to God on high,
That he, in all we do or say,
Would keep us free from harm today.

Would guard our hearts and tongues
from strife;

From anger's din would hide our life;
From all ill sights would turn our eyes;
Would close our ears to vanities:

Would keep our inmost conscience pure;
Our souls from folly would secure;
Would bid us check the pride of sense
With due and holy abstinence.

So we, when this new day is gone,
And night in turn is drawing on,
With conscience by the world unstained,
Shall praise his name for victory gained.

All laud to God the Father be;
All praise, eternal Son, to thee;
All glory, as is ever meet,
To God the Holy Paraclete. Amen.

Ant. He that hath clean hands.

Psalm 24

THE earth is the Lord's, and all that
therein is; * the compass of the
world, and they that dwell therein.

For he hath founded it upon the seas, *
and prepared it upon the floods.

Who shall ascend into the hill of the
Lord? * or who shall rise up in his holy
place?

Even he that hath clean hands, and a
pure heart; * and that hath not lift up his
mind unto vanity, nor sworn to deceive
his neighbour.

He shall receive the blessing from the
Lord, * and righteousness from the God
of his salvation.

This is the generation of them that
seek him; * even of them that seek thy
face, O Jacob.

Lift up your heads, O ye gates, † and
be ye lift up, ye everlasting doors; * and
the King of glory shall come in.

Who is the King of glory? * It is the
Lord strong and mighty, even the Lord
mighty in battle.

Lift up your heads, O ye gates, † and
be ye lift up, ye everlasting doors; * and
the King of glory shall come in.

Who is the King of glory? * Even the
Lord of hosts, he is the King of glory.

Psalm 19, i

THE heavens declare the glory of
God; * and the firmament sheweth
his handy-work.

One day telleth another; * and one
night certifieth another.

There is neither speech nor language;
* but their voices are heard among
them.

Their sound is gone out into all lands;
* and their words into the ends of the
world.

In them hath he set a tabernacle for the
sun; * which cometh forth as a
bridegroom out of his chamber, and
rejoiceth as a giant to run his course.

It goeth forth from the uttermost part
of the heaven, † and runneth about unto
the end of it again; * and there is
nothing hid from the heat thereof.

Psalm 19, ii

THE law of the Lord is an undefiled
law, converting the soul; * the

testimony of the Lord is sure, and giveth wisdom unto the simple.

The statutes of the Lord are right, and rejoice the heart; * the commandment of the Lord is pure, and giveth light unto the eyes.

The fear of the Lord is clean, and endureth for ever; * the judgements of the Lord are true, and righteous altogether.

More to be desired are they than gold, yea, than much fine gold; * sweeter also than honey, and the honeycomb.

Moreover, by them is thy servant taught; * and in keeping of them there is great reward.

Who can tell how oft he offendeth? * O cleanse thou me from my secret faults.

Keep thy servant also from presumptuous sins, lest they get the dominion over me; * so shall I be undefiled, and innocent from the great offence.

Let the words of my mouth, and the meditation of my heart, be always acceptable in thy sight, * O Lord, my strength, and my redeemer.

Ant. He that hath clean hands and a pure heart shall ascend into the hill of the Lord.

Chapter

I Tim. 1, 17

UNTO the King eternal, immortal, invisible, † the only wise God, be honour and glory * for ever and ever. Amen. **R.** Thanks be to God.

Br. **R.** O Christ, Son of the living God, * Have mercy upon us. O Christ. **V.** Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

V. O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

Then, the Martyrology is read, and concludes:

V. And elsewhere many other holy martyrs, confessors, and holy virgins. **R.** Thanks be to God.

Then the Officiant says:

V. Right dear in the sight of the Lord. **R.** Is the death of his Saints.

MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. **R.** Amen.

V. O God make speed to save me. **R.** O Lord, make haste to help me.

This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** **V.** And lead us not into temptation. **R.** But deliver us from evil.

V. Show thy servants thy work, O Lord, and their children thy glory. **R.** And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

∇ Glory be to the Father, and to the Son, and to the Holy Ghost. ℞ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ℞ Amen.

∇ Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. ℞ Amen.

Short Lesson **Ecclus. 45, 15**

HE blessed him with Glory, that he should execute the office of the priesthood, † to bless the people in his Name, * and to offer sacrifice to the Lord, incense, and a sweet savour. But thou, O Lord, have mercy upon us. ℞ Thanks be to God.

∇ Our help ✠ is in the name of the Lord. ℞ Who hath made heaven and earth.

∇ Bless ye. ℞ May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. ℞ Amen.

AT TERCE

Our Father. Hail Mary.

∇ ✠ O God make speed to save me. ℞ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn **Nunc Sancte nobis Spiritus**

COME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue,
By act and deed, thy praise be sung:
Inflame with perfect love each sense,
That others' souls may kindle thence.

O Father, that we ask be done
Through Jesus Christ, thine only Son,
Who, with the Holy Ghost and thee,
Shall live and reign eternally. Amen.

Ant. My light.

Psalm 27, i

THE Lord is my light, and my
salvation; † whom then shall I fear?
* the Lord is the strength of my life; of
whom then shall I be afraid?

When the wicked, even mine enemies
and my foes, † came upon me to eat up
my flesh, * they stumbled and fell.

Though an host of men were laid
against me, yet shall not my heart be
afraid; * and though there rose up war
against me, yet will I put my trust in
him.

One thing have I desired of the Lord,
which I will require; * even that I may
dwell in the house of the Lord all the
days of my life, to behold the fair beauty
of the Lord, and to visit his temple.

For in the time of trouble he shall hide
me in his tabernacle; * yea, in the secret
place of his dwelling shall he hide me,
and set me up upon a rock of stone.

And now shall he lift up mine head *
above mine enemies round about me.

Therefore will I offer in his dwelling
an oblation with great gladness: * I will
sing and speak praises unto the Lord.

Psalm 27, ii

HEARKEN unto my voice, O Lord,
when I cry unto thee; * have
mercy upon me, and hear me.

My heart hath talked of thee, Seek ye my face: * Thy face, Lord, will I seek.

O hide not thou thy face from me, * nor cast thy servant away in displeasure.

Thou hast been my succour; * leave me not, neither forsake me, O God of my salvation.

When my father and my mother forsake me, * the Lord taketh me up.

Teach me thy way, O Lord, * and lead me in the right way, because of mine enemies.

Deliver me not over into the will of mine adversaries: * for there are false witnesses risen up against me, and such as speak wrong.

I should utterly have fainted, * but that I believe verily to see the goodness of the Lord in the land of the living.

O tarry thou the Lord's leisure; * be strong, and he shall comfort thine heart; and put thou thy trust in the Lord.

Psalm 28

UNTO thee will I cry, O Lord my strength: * think no scorn of me; lest, if thou make as though thou hearest not, I come like them that go down into the pit.

Hear the voice of my humble petitions, when I cry unto thee; * when I hold up my hands towards the mercy-seat of thy holy temple.

O pluck me not away, neither destroy me with the ungodly and wicked doers, * which speak friendly to their neighbours, but imagine mischief in their hearts.

Reward them according to their deeds, * and according to the wickedness of their own inventions.

Recompense them after the work of their hands; * pay them that they have deserved.

For they regard not in their mind the works of the Lord, † nor the operation of his hands; * therefore shall he break

them down, and not build them up.

Praised be the Lord; * for he hath heard the voice of my humble petitions.

The Lord is my strength, and my shield; † my heart hath trusted in him, and I am helped; * therefore my heart danceth for joy, and in my song will I praise him.

The Lord is my strength, * and he is the wholesome defence of his Anointed.

O save thy people, and give thy blessing unto thine inheritance: * feed them, and set them up for ever.

Ant. My light and my salvation is the Lord.

Chapter

Ecclus. 44, 16

BEHOLD a great priest who in his days pleased the Lord, † and was found righteous, * and in the time of wrath he was taken in exchange for the world. **℟.** Thanks be to God.

Br. **℟.** The Lord loved him * And adorned him. The Lord. **℣.** He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

℣. The Lord chose him out of all men living as a priest unto himself. **℟.** To offer to him the Sacrifice of Thanksgiving.

℣. O Lord, hear my prayer. **℟.** And let my cry come unto thee.

Let us pray.

O GOD, who didst adorn blessed Titus, thy Confessor and Bishop, with Apostolic virtues: grant, through his merits and intercession; that we living godly and righteously in this present world, may be found worthy to attain unto our heavenly country. Through. **℟.** Amen.

℣. O Lord, hear my prayer. **℟.** And let my cry come unto thee.

℣. Let us bless the Lord. **℟.** Thanks be to God.

☩ ✠ May the souls of the faithful, through the mercy of God, rest in peace.
☩ Amen.

Our Father, *secretly*.

☩ ✠ Dóminus det nobis suam pacem.
☩ Et vitam ætérnam. Amen.

Ant. Ave Regína cælórum, * Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

8 February 2023

S. John of Matha, C.

AT PRIME

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☩ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn *Jam lucis orto sidere*

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That he, in all we do or say,
Would keep us free from harm today.
Would guard our hearts and tongues
from strife;
From anger's din would hide our life;
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Would bid us check the pride of sense
With due and holy abstinence.
So we, when this new day is gone,
And night in turn is drawing on,
With conscience by the world unstained,
Shall praise his name for victory gained.
All laud to God the Father be;
All praise, eternal Son, to thee;

☩ Dignáre me laudáre te, Virgo sacráta. ☩ Da mihi virtútem contra hostes tuos.

Orémus.

CONCEDE, miséricors Deus, fragilitáti nostræ præsidium; ut, qui sanctæ Dei Genitricis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúndem Christum Dóminum nostrum.
☩ Amen.

☩ ✠ Divínium auxílium máneat semper nobiscum. ☩ Amen.

All glory, as is ever meet,
To God the Holy Paraclete. Amen.

Ant. Thy loving kindness.

Psalm 26

BE thou my Judge, O Lord, for I have walked innocently: * my trust hath been also in the Lord, therefore shall I not fall.

Examine me, O Lord, and prove me; * try out my reins and my heart.

For thy loving-kindness is ever before mine eyes; * and I will walk in thy truth.

I have not dwelt with vain persons; * neither will I have fellowship with the deceitful.

I have hated the congregation of the wicked; * and will not sit among the ungodly.

I will wash my hands in innocency, O Lord; * and so will I go to thine altar;

That I may shew the voice of thanksgiving, * and tell of all thy wondrous works.

Lord, I have loved the habitation of thy house, * and the place where thine honour dwelleth.

O shut not up my soul with the sinners, * nor my life with the blood-thirsty;

In whose hands is wickedness, * and

their right hand is full of gifts.

But as for me, I will walk innocently:
* O deliver me, and be merciful unto me.

My foot standeth right: * I will praise the Lord in the congregations.

Psalm 52

WHY boastest thou thyself, thou tyrant, * that thou canst do mischief;

Whereas the goodness of God * endureth yet daily?

Thy tongue imagineth wickedness, * and with lies thou cuttest like a sharp razor.

Thou hast loved unrighteousness more than goodness, * and to talk of lies more than righteousness.

Thou hast loved to speak all words that may do hurt, * O thou false tongue.

Therefore shall God destroy thee for ever; * he shall take thee, and pluck thee out of thy dwelling, and root thee out of the land of the living.

The righteous also shall see this, and fear, * and shall laugh him to scorn;

Lo, this is the man that took not God for his strength; * but trusted unto the multitude of his riches, and strengthened himself in his wickedness.

As for me, I am like a green olive-tree in the house of God; * my trust is in the tender mercy of God for ever and ever.

I will always give thanks unto thee for that thou hast done; * and I will hope in thy Name, for thy saints like it well.

Psalm 53

THE foolish body hath said in his heart, * There is no God.

Corrupt are they, and become abominable in their wickedness; * there is none that doeth good.

God looked down from heaven upon the children of men, * to see if there were any that would understand, and seek after God.

But they are all gone out of the way, are altogether become abominable; * there is also none that doeth good, nor one.

Are not they without understanding that work wickedness, * eating up my people as if they would eat bread? they have not called upon God.

They were afraid where no fear was; * for God hath broken the bones of him that besieged thee; thou hast put them to confusion, because God hath despised them.

Oh, that the salvation were given unto Israel out of Zion! * Oh, that the Lord would deliver his people out of captivity!

Then should Jacob rejoice, * and Israel should be right glad.

Ant. Thy Loving-kindness, O Lord, is ever before mine eyes, and I will walk in thy truth.

Chapter

I Tim. 1, 17

UNTO the King eternal, immortal, invisible, † the only wise God, be honour and glory * for ever and ever. Amen. **℟.** Thanks be to God.

Br. ℟. O Christ, Son of the living God, * Have mercy upon us. O Christ.

℣. Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

℣. O Christ, arise, help us. **℟.** And deliver us for thy Name's sake.

℣. O Lord, hear my prayer. **℟.** And let my cry come unto thee.

Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **℟.** Amen.

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☩ Show thy servants thy work, O Lord, and their children thy glory. ☩ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

☩ Glory be to the Father, and to the Son, and to the Holy Ghost. ☩ As it was in the beginning, is now and ever shall be: world without end. Amen.

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and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ☩ Amen.

☩ Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. ☩ Amen.

Short Lesson

Wisdom 10, 10

THE Lord guided the righteous in right paths, † shewed him the kingdom of God, and gave him knowledge of holy things: * made him rich in his travels, and multiplied the fruits of his labors. But thou, O Lord, have mercy upon us. ☩ Thanks be to God.

☩ Our help ✠ is in the name of the Lord. ☩ Who hath made heaven and earth.

☩ Bless ye. ☩ May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. ☩ Amen.

AT TERCE

Our Father. Hail Mary.

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Hymn Nunc Sancte nobis Spiritus

COME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue,
By act and deed, thy praise be sung:
Inflame with perfect love each sense,
That others' souls may kindle thence.

O Father, that we ask be done
Through Jesus Christ, thine only Son,
Who, with the Holy Ghost and thee,
Shall live and reign eternally. Amen.

Ant. God is my helper.

Psalm 54

SAVE me, O God, for thy Name's
sake, * and avenge me in thy
strength.

Hear my prayer, O God, * and
hearken unto the words of my mouth.

For strangers are risen up against me;
* and tyrants, which have not God
before their eyes, seek after my soul.

Behold, God is my helper; * the Lord
is with them that uphold my soul.

He shall reward evil unto mine
enemies: * destroy thou them in thy truth.

An offering of a free heart will I give
thee, and praise thy Name, O Lord; *
because it is so comfortable.

For he hath delivered me out of all my
trouble; * and mine eye hath seen his
desire upon mine enemies.

Psalm 55, i

HEAR my prayer, O God, * and
hide not thyself from my petition.

Take heed unto me, and hear me, *
how I mourn in my prayer, and am
vexed.

The enemy crieth so, and the ungodly
cometh on so fast; * for they are minded
to do me some mischief, so maliciously
are they set against me.

My heart is disquieted within me, *
and the fear of death is fallen upon me.

Fearfulness and trembling are come
upon me, * and an horrible dread hath
overwhelmed me.

And I said, O that I had wings like a
dove! * for then would I flee away, and
be at rest.

Lo, then would I get me away fair off,
* and remain in the wilderness.

I would make haste to escape, *
because of the stormy wind and
tempest.

Destroy their tongues, O Lord, and
divide them; * for I have spied
unrighteousness and strife in the city.

Day and night they go about within
the walls thereof: * mischief also and
sorrow are in the midst of it.

Wickedness is therein; * deceit and
guile go not out of their streets.

For it is not an open enemy, that hath
done me this dishonour; * for then I
could have borne it.

Neither was it mine adversary, that did
magnify himself against me; * for then
peradventure I would have hid myself
from him;

But it was even thou, my companion,
* my guide, and mine own familiar
friend.

We took sweet counsel together, * and
walked in the house of God as friends.

Let death come hastily upon them, †
and let them go down quick into hell; *
for wickedness is in their dwellings, and
among them.

Psalm 55, ii

AS for me, I will call upon God, *
and the Lord shall save me

In the evening, and morning, and at
noon-day will I pray, † and that
instantly; * and he shall hear my voice.

It is he that hath delivered my soul in
peace from the battle that was against
me; * for there were many with me.

Yea, even God, that endureth for ever,
shall hear me, and bring them down; *
for they will not turn, nor fear God.

He laid his hands upon such as be at
peace with him, * and he brake his
covenant.

The words of his mouth were softer
than butter, having war in his heart; *

his words were smother than oil, and yet be they very swords.

O cast thy burden upon the Lord, and he shall nourish thee, * and shall not suffer the righteous to fall for ever.

And as for them, * thou, O God, shalt bring them into the pit of destruction.

The blood-thirsty and deceitful men shall not live out half their days: * nevertheless, my trust shall be in thee, O Lord.

Ant. God is my helper, and the Lord is with them that uphold my soul.

Chapter **Ecclus. 31, 8–9**

BLESSED is the man that is found without blemish: † and hath not gone after gold. * Who is he and we will call him blessed? for wonderful things hath he done among his people. **R.** Thanks be to God.

Br. **R.** The Lord loved him * And adorned him. The Lord. **V.** He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

V. The mouth of the righteous is exercised in wisdom, and his tongue will be talking of judgement. **R.** For the Lord ordereth a good man's going.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

O GOD, who through Saint John didst vouchsafe by a sign from heaven to institute the order of the most holy Trinity to redeem the captives from the power of the Saracens: grant, we

beseech thee; that through the pleading of his merits we may by thy help be delivered from captivity of body and soul. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

V. ✠ May the souls of the faithful, through the mercy of God, rest in peace. **R.** Amen.

Our Father, **secretly.**

V. ✠ Dóminus det nobis suam pacem. **R.** Et vitam ætérnam. Amen.

Ant. Ave Regína cælórum, * Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

V. Dignáre me laudáre te, Virgo sacráta. **R.** Da mihi virtútem contra hostes tuos.

Orémus.

CONCEDE, miséricors Deus, fragilitáti nostræ præsidium; ut, qui sanctæ Dei Genitrícis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúndem Christum Dóminum nostrum. **R.** Amen.

V. ✠ Divínium auxílio manéat semper nobiscum. **R.** Amen.

10 February 2023
S. Scholastica, V.

AT PRIME

Our Father. Hail Mary. I believe.

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✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

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All laud to God the Father be;
All praise, eternal Son, to thee;
All glory, as is ever meet,
To God the Holy Paraclete. Amen.

Ant. O go not from me, Lord.

Psalm 22, i

MY God, my God, look upon me;
why hast thou forsaken me? *
and art so far from my health, and from
the words of my complaint?

O my God, I cry in the day-time, but
thou hearest not; * and in the night-
season also I take no rest.

And thou continuest holy, * O thou
worship of Israel.

Our fathers hoped in thee; * they
trusted in thee, and thou didst deliver
them.

They called upon thee, and were
holpen; * they put their trust in thee, and
were not confounded.

But as for me, I am a worm, and no
man; * a very scorn of men, and the
outcast of the people.

All they that see me laugh me to
scorn; * they shoot out their lips, and
shake their heads, saying,

He trusted in God, that he would
deliver him; * let him deliver him, if he
will have him.

But thou art he that took me out of my
mother's womb; * thou wast my hope,
when I hanged yet upon my mother's
breasts.

I have been left unto thee ever since I
was born; * thou art my God even from
my mother's womb.

O go not from me, † for trouble is
hard at hand, * and there is none to help
me.

Psalm 22, ii

MANY oxen are come about me; *
fat bulls of Basan close me in on
every side.

They gape upon me with their mouths,
* as it were a ramping and a roaring lion.

I am poured out like water, and all my
bones are out of joint; * my heart also in
the midst of my body is even like
melting wax.

My strength is dried up like a
potsherd, † and my tongue cleaveth to
my gums, * and thou shalt bring me into
the dust of death.

For many dogs are come about me, *
and the council of the wicked layeth
siege against me.

They pierced my hands and my feet; I
may tell all my bones: * they stand

staring and looking upon me.

They part my garments among them,
* and cast lots upon my vesture.

But be not thou far from me, O Lord;
* thou art my succour, haste thee to help me.

Deliver my soul from the sword, * my darling from the power of the dog.

Save me from the lion's mouth; * thou hast heard me also from among the horns of the unicorns.

I will declare thy Name unto my brethren; * in the midst of the congregation will I praise thee.

Psalm 22, iii

O PRAISE the Lord, ye that fear him: * magnify him, all ye of the seed of Jacob, and fear him, all ye seed of Israel.

For he hath not despised, nor abhorred, the low estate of the poor; * he hath not hid his face from him, but when he called unto him he heard him.

My praise is of thee in the great congregation; * my vows will I perform in the sight of them that fear him.

The poor shall eat, and be satisfied; * they that seek after the Lord shall praise him; your heart shall live for ever.

All the ends of the world shall remember themselves, and be turned unto the Lord; * and all the kindreds of the nations shall worship before him.

For the kingdom is the Lord's, * and he is the Governour among the people.

All such as be fat upon earth * have eaten and worshipped.

All they that go down into the dust shall kneel before him; * and no man hath quickened his own soul.

My seed shall serve him: * they shall be counted unto the Lord for a generation.

They shall come, and the heavens shall declare his righteousness * unto a people that shall be born, whom the

Lord hath made.

Ant. O go not from me, Lord, for trouble is hard at hand, and there is none to help me.

Chapter

I Tim. 1, 17

UNTO the King eternal, immortal, invisible, † the only wise God, be honour and glory * for ever and ever. Amen. **R.** Thanks be to God.

Br. **R.** O Christ, Son of the living God, * Have mercy upon us. O Christ. **V.** Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

V. O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

Then, the Martyrology is read, and concludes:

V. And elsewhere many other holy martyrs, confessors, and holy virgins. **R.** Thanks be to God.

Then the Officiant says:

V. Right dear in the sight of the Lord. **R.** Is the death of his Saints.

MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. **R.** Amen.

∿ O God make speed to save me. ℞ O Lord, make haste to help me.

This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** ∿ And lead us not into temptation. ℞ But deliver us from evil.

∿ Show thy servants thy work, O Lord, and their children thy glory. ℞ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

∿ Glory be to the Father, and to the Son, and to the Holy Ghost. ℞ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ℞ Amen.

∿ Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. ℞ Amen.

Short Lesson **Ecclus. 51, 9**

THEN lifted I up my supplication from the earth, and prayed for deliverance from death, † I called upon the Lord, the Father of my Lord, that he would not leave me in the days of my trouble, * and in the time of the proud, when there was no help. But thou, O

Lord, have mercy upon us. ℞ Thanks be to God.

∿ Our help ✠ is in the name of the Lord. ℞ Who hath made heaven and earth.

∿ Bless ye. ℞ May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. ℞ Amen.

AT TERCE

Our Father. Hail Mary.

∿ ✠ O God make speed to save me. ℞ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Praise be to thee O Lord, King of eternal glory.

Hymn **Nunc Sancte nobis Spiritus**

COME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue,
By act and deed, thy praise be sung:
Inflame with perfect love each sense,
That others' souls may kindle thence.

O Father, that we ask be done
Through Jesus Christ, thine only Son,
Who, with the Holy Ghost and thee,
Shall live and reign eternally. Amen.

Ant. Stir up, O Lord.

Psalm 80, i

HEAR O thou Shepherd of Israel,
thou that ledest Joseph like a
sheep;* shew thyself also, thou that
sittest upon the Cherubims.

Before Ephraim, Benjamin, and
Manasses, * stir up thy strength, and
come, and help us.

Turn us again, O God; * shew the
light of thy countenance, and we shall

be whole.

O Lord God of Hosts, * how long wilt thou be angry with thy people that prayeth?

Thou feedest them with the bread of tears, * and givest them plenteousness of tears to drink.

Thou hast made us a very strife unto our neighbours, * and our enemies laugh us to scorn.

Turn us again, thou God of Hosts; * shew the light of thy countenance, and we shall be whole.

Psalm 80, ii

THOU hast brought a vine out of Egypt; * thou hast cast out the heathen, and planted it.

Thou madest room for it; * and when it had taken root it filled the land.

The hills were covered with the shadow of it, * and the boughs thereof were like the goodly cedar-trees.

She stretched out her branches unto the sea, * and her boughs unto the River.

Why hast thou then broken down her hedge, * that all they that go by pluck off her grapes?

The wild boar out of the wood doth root it up, * and the wild beasts of the field devour it.

Turn thee again, thou God of Hosts, look down from heaven, * behold, and visit this vine;

And the place of the vineyard that thy right hand hath planted, * and the branch that thou madest so strong for thyself.

It is burnt with fire, and cut down; * and they shall perish at the rebuke of thy countenance.

Let thy hand be upon the man of thy right hand, * and upon the son of man, whom thou madest so strong for thine own self.

And so will not we go back from thee:

* O let us live, and we shall call upon thy Name.

Turn us again, O Lord God of Hosts; * shew the light of thy countenance, and we shall be whole.

Psalm 82

GOD standeth in the congregation of princes; * he is a Judge among gods.

How long will ye give wrong judgement, * and accept the persons of the ungodly?

Defend the poor and fatherless; * see that such as are in need and necessity have right.

Deliver the outcast and poor; * save them from the hand of the ungodly.

They will not be learned nor understand, but walk on still in darkness: * all the foundations of the earth are out of course.

I have said, Ye are gods, * and ye are all the children of the Most Highest.

But ye shall die like men, * and fall like one of the princes.

Arise, O God, and judge thou the earth; * for thou shalt take all heathen to thine inheritance.

Ant. Stir up, O Lord, thy strength, and come and help us.

Chapter 2 Cor. 10, 17-18

BRETHREN: He that glorieth, † let him glory in the Lord, * For not he that commendeth himself is approved, but whom the Lord commendeth. **℟.** Thanks be to God.

Br. ℟. In thy comeliness, * Yea, in thy beauty. In thy. **℣.** Go forth, ride prosperously, and reign. Yea, in thy beauty. Glory be. In thy.

℣. God shall help her with his countenance. **℟.** God is in the midst of her, therefore shall she not be removed.

℣. O Lord, hear my prayer. **℟.** And let my cry come unto thee.

Let us pray.

O GOD, who, to shew forth the way of innocence, didst cause the soul of thy blessed Virgin Scholastica to enter heaven in the appearance of a dove: grant unto us through her merits and prayers to walk in such innocency of life; that we may be worthy to attain unto everlasting joys. Through. **℞** Amen.

℣ O Lord, hear my prayer. **℞** And let my cry come unto thee.

℣ Let us bless the Lord. **℞** Thanks be to God.

℣ ✠ May the souls of the faithful, through the mercy of God, rest in peace. **℞** Amen.

Our Father, **secretly**.

℣ ✠ Dóminus det nobis suam pacem. **℞** Et vitam ætérnam. Amen.

Ant. Ave Regína cælórum, * Ave, Dómina Angelórum: Salve radix, salve porta, Ex qua mundo lux est orta: Gaude, Virgo gloriósa, Super omnes speciósa, Vale, o valde decóra, Et pro nobis Christum exóra.

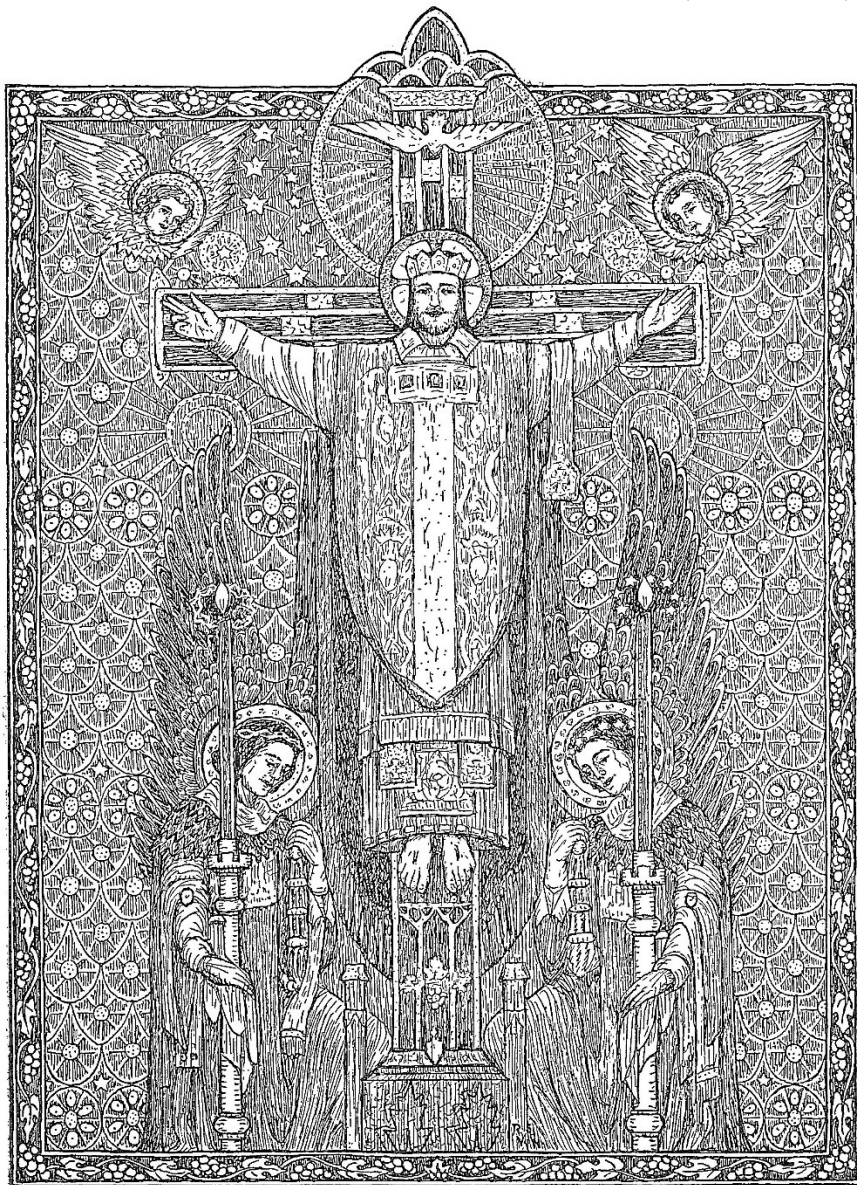
℣ Dignáre me laudáre te, Virgo sacráta. **℞** Da mihi virtútem contra hostes tuos.

Orémus.

CONCEDE, miséricors Deus, fragilitáti nostræ præsidium; ut, qui sanctæ Dei Genitrícis memóriam ágimus; intercessiónis ejus auxílio, a nostris iniquitátibus resurgámus. Per eúmdem Christum Dóminum nostrum. **℞** Amen.

℣ ✠ Divínium auxílium máneat semper nobiscum. **℞** Amen.

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